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METALS
FEIST SHOWS A DARKER SIDE ON NEW ALBUM
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TORONTO metro®
Wednesday, October 5, 2011
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News worth sharing.

Rad. Teacher

▶ Grade 6 students pose with their teacher Geraldine Valkenberg, who was surprised yesterday by the recognition for her exceptional teaching work at Dallington Public School in Toronto.

COURTESY OF DAVID LAI

School day 'Made Better' with gifts

Valkenberg was one of 17 teachers in publicly funded schools across Canada honoured and presented with a box containing classroom supplies worth $1,500 — including an ergonomic chair — as part of Grand & Toy's A Day Made Better program.

Grits to get urban vote: Poll

But survey suggests Tories and NDP could win GTA seats currently held by the Liberals

The tightest Ontario election in a generation will come down to the wire with the Progressive Conservatives facing a shutout in the city of Toronto, a new Toronto Star-Angus Reid survey suggests.

In the final major poll before tomorrow's vote, the Tories are at 36 per cent, the Liberals at 33 per cent, the New Democrats at 26 per cent and the Greens at five per cent.

"It's a statistical dead heat," Jaideep Mukerji, managing director at Angus Reid, said yesterday.

That means victory will go to the party that can best mobilize its voters. Although the PC party may not win even one of Toronto's 23 ridings, Mukerji said there does seem to be a higher motivation among Tory voters to get out there and cast their ballot. "They realize there's a lot at stake for them," he said.

905 border divisions

- **City.** Tories are mired in third place at 24 per cent in the city. The Liberals are at 46 per cent; The New Democrats at 27 per cent; and the Greens at two per cent.
- **Suburbs.** In the 905 region, the Tories are ahead with 41 per cent to 29 per cent for the Liberals, 24 per cent for the NDP and six per cent for the Greens.

Indeed, 77 per cent of Conservative-leaning respondents said they "will definitely" vote PC compared with 71 per cent of Liberal-inclined voters sticking with the Grits, 65 per cent of New Democrat supporters casting NDP ballots and 45 per cent of Greens remaining with their party. **TORSTAR NEWS SERVICE**

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- Bridlewood Mall (kiosk)
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- Parkway Mall
- Scarborough Town Centre

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- Promenade Mall

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- 209 Danforth Ave.
- 2171 Queen St. E.
- 2323 Yonge St.
- Chinatown Centre
- College Park
- Dufferin Mall
- East York Town Centre
- Eaton Centre
- Eaton Centre II
- Eglinton Square
- Gerrard Square
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Construction union dispute escalates

RON BULL/TORSTAR NEWS SERVICE

▶ Tony Dionisio

The intrigue engulfing the continent's biggest construction union local is increasing after it sued recent election losers for settling litigation involving former high-profile business manager Tony Dionisio for $413,700 a day before the vote.

Local 183 of the Labourers' International Union of North America and new business manager Jack Oliveira filed a claim recently against five former executive board members for allegedly breaching fiduciary and contractual duties by paying off Dionisio to resolve several long-standing legal actions involving him.

The local, which represents more than 28,000 construction workers in the Toronto region, wants the money back and another $1 million in special and punitive damages plus interest from the executives who narrowly lost their positions in the bitter election June 18.

Local 183 also said in the claim, which must still be proven in court, the board members settled Dionisio's legal actions without involving all executives.

In their statement of defence, the executives denied the allegations of breach of fiduciary duties and noted they had the authority to resolve the Dionisio claims without a full board and relied on the local's legal counsel for advice.

The claim, filed in the Ontario Superior Court of Justice, also said as part of the deal, Dionisio dropped defamation actions against two of the five executives and released a statement supporting their election positions.

TORSTAR NEWS SERVICE

Developers reaching for sky

Highrise units now make up 60% of new home sales in the GTA

Toronto's condo boom is not slowing down anytime soon as the latest statistics show the city is building more highrises than anywhere else in North America.

The September 2011 data from German research company Emporis is included in a presentation to be discussed by the city's economic development committee on Friday.

There are currently 132 highrise buildings under construction in Toronto, according to the figures. Mexico City ranks a distant second with 88 and New York City is in third with 86. The field drops off dramatically after that: Fourth-ranking Chicago is building 17 high-rises, while Miami rounds out the top five with 16.

Emporis defines a high-rise building as between 35 and 100 metres high, or 12 to 40 floors. Buildings taller than that are considered skyscrapers.

"If you combine the (high-rise) construction with low-rises, the overall building is about average for Toronto."
MATTHEW SLUTSKY, BUZZBUZZHOME

Toronto already has the second-highest number of completed highrises and skyscrapers in North America, with 1,875, according to Emporis.

Provincial and municipal land-intensification policies, such as Ontario's Greenbelt, have led to a shift away from low-rise development in the city, said Matthew Slutsky, founder and president of BuzzBuzzHome, which catalogues new residential projects in Canada. TORSTAR NEWS SERVICE

DAVID COOPER/TORSTAR NEWS SERVICE

▶ A view of the Toronto skyline. There are currently 132 highrise buildings under construction in town.

1 news

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On. Stage

▶ Electro-pop songstress Valerie Poxleitner, better known as Lights, performs for fans during NEW.MUSIC.LIVE. at MuchMusic headquarters yesterday.

COURTESY OF MUCHMUSIC

Lights releases new album

The Juno Award-winning, one-woman band Lights also spoke to NEW.MUSIC.LIVE host Phoebe Dykstra about her latest album Siberia, which was released yesterday. Born in Timmins, Ont., Lights has been performing since she was 11.

Traffic chaos looms over running events

The problem of back-to-back races fouling traffic returns this spring with a marathon planned for May 6 and a big 10K run slated for May 13

Toronto thought its serial traffic headaches were solved after one of the two fall running marathons — which both made a mess of weekend traffic — moved to the spring.

After negotiations, the Scotiabank Toronto Waterfront Marathon remained in the fall, while the Goodlife Fitness Toronto Marathon was placed on May 6.

But that meant bumping another popular event, the Sporting Life 10K, which attracts 14,000-plus runners, to the following week, on Sunday, May 13.

And another race — the Toronto Yonge Street 10K — is now being organized for April 22 on the same route Sporting Life uses.

Nobody seems happy with the situation, said Coun. Karen Stintz, who runs every year in the Sporting Life event.

"They've all come to me and said there shouldn't be three races," Stintz said. "I agree there shouldn't be three races."

For years, the 10K down Yonge has been run on the first Sunday in May — May 6 in 2012 — but that date has now been taken by the Goodlife marathon after it was pressured to move its fall event.

Sporting Life fears that fundraising could falter for Camp Oochigeas, the summer camp for children with cancer, which received $1.3 million this year from the event.

"We don't want three races coming down with two of them on exactly the same course," said David Russell, co-owner of the sporting goods retailer.

We think that Camp Oochigeas is going to take a massive hit, and we don't want that to happen."

Russell said race director Alan Brookes has run the Sporting Life event for many years and also manages the fall waterfront marathon.

"As far as I'm concerned, we're minding our business and our date goes out the window. We were quite upset about that," Russell said. "We went and met with city officials and the best we could salvage was the May 13 date."

Sporting Life suggested to Brookes that he take a cut in pay to run the 10K event in 2012. Russell said Brookes turned that down, and is preparing to run a new 10K event on April 22.

Brookes couldn't be reached for comment.

TORSTAR NEWS SERVICE

2012 events

- Sporting Life has retained the services of Jay Glassman to run its event in 2012. Glassman, race director of the Goodlife Fitness marathon, said Sporting Life should get first dibs on an alternative date, and there shouldn't be a third event scheduled at all.
- "It's not good for the city, for all the reasons the city wanted to separate the fall marathons," Glassman said.

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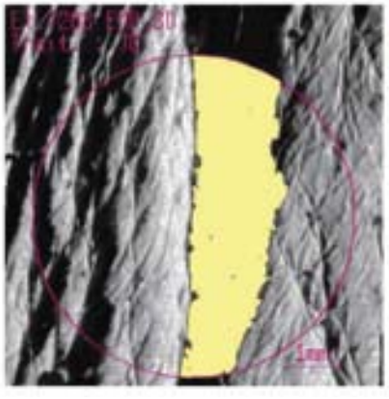

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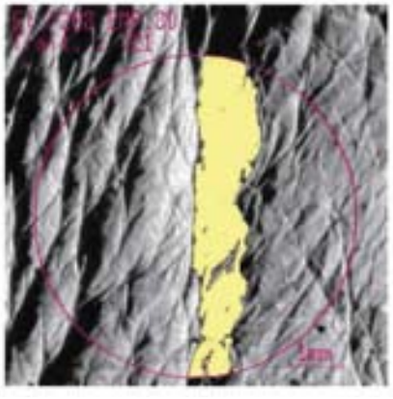

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New record for TTC ridership

- But get ready for crowded buses, long waits
- Budget cutbacks go into effect next year

The prospect of longer waits and more crowded buses next year doesn't appear to be discouraging riders from flocking to the TTC right now.

On Sept. 15, the Toronto Transit Commission smashed its own record with 1.71 million rides on a single day.

It was the fifth time this year it broke the Oct. 27, 2010, record of 1.68 million rides.

Transit officials don't know what attracted so many people to the system on those days. Ridership typically goes up on snowy days when people leave their cars at home, TTC spokesman Brad Ross said.

Ride and glory

- **The TTC delivered** 493.6 million rides between Sept. 15, 2010, and this year's record ridership date.
- **It expects to exceed its** projected 487 million rides during this calendar year, anticipating an additional 15 million rides in 2012 to about 503 million.

"We would argue that the level of service we have available in a city this size continues to drive people to transit," he said.

But the city's financial stress has the TTC planning a retreat to pre-2008 loading standards in the New Year, meaning buses will be more crowded and the wait will likely be longer.

Ross stressed that no routes are being cut and hours of service will remain the same under the 2012 operating budget approved by the TTC last month.

"Will there be more crowding? Yes. Will there be longer wait times? Sure," he said. But other transit properties around the world, he said, would envy the TTC's success in attracting riders.

TORSTAR NEWS SERVICE

Day. Of Caring

▶ Volunteers ready a gymnasium wall for painting yesterday during Kraft Canada's Day of Caring at the Boys and Girls Club of West Scarborough.

CONTRIBUTED

Showing a little tender loving care

More than 600 Kraft employees across Canada put in more than 2,000 volunteer hours to help fight hunger, support healthy lifestyles and give back to the community. The company's annual global week of volunteer service unites 30,000 employee volunteers in 60 countries at more than 700 events.

GO gearing up to go on strike

GALIT RODAN/TORSTAR NEWS SERVICE

▶ A GO Transit maintenance worker clears pilons. A new strike deadline is looming for the commuter service.

The threat of a strike is back on for GO Transit's unionized bus drivers and some York Region Transit drivers, both represented by the Amalgamated Transit Union Local 1587.

The union expects to confirm a new strike date by today, likely for later in October.

The development comes after the Ontario Labour Board ruled that the union has a legal strike agreement with Metrolinx.

Metrolinx disputed the agreement that has been in place since 1996 to stall the threat of a strike until after tomorrow's provincial election, union president Ray Doyle said yesterday.

About 650 GO bus drivers and about 330 York Region drivers, employees of First Student Transit and Miller, are without a contract. TORSTAR NEWS SERVICE

Man nabbed on 11-year warrant

A man wanted on a Canada-wide warrant for the past 11 years has been arrested in the Toronto area. The Canada Border Services Agency says it received an anonymous tip last month regarding the whereabouts of Charles Andrew Fisher, 48, a Jamaican national with several narcotics and fraud convictions. He is in custody awaiting deportation

THE CANADIAN PRESS

Boys rob youngster using fake gun

Two adolescent boys face charges after a robbery in the north end of Toronto.

Police say the boys, who are aged 12 and 13, approached a younger boy on Monday evening in the Finch Avenue West and Sentinel Drive area and stole his belongings.

Police were called but the suspects fled the scene.

Officers conducted a search of the area and apprehended the pair a few hours later. The boys had a replica handgun, police said.

The boys will appear in court on Nov. 15 to face charges of robbery and use of an imitation firearm to commit an indictable offence.

Their names cannot be made public under the Youth Criminal Justice Act.

THE CANADIAN PRESS

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GINO DONATO/THE CANADIAN PRESS

▶ Ontario NDP Leader Andrea Horwath waves to supporters at NDP candidate Paul Loewenberg's campaign office in Sudbury yesterday.

Horwath still in it to win it

- Ontario NDP leader appears to switch strategies, dismissing coalition talk
- Liberals and Tories keep guns trained on New Democrats

DECISION ONTARIO

"You guys talk about that M word minority, I talk about the M word momentum, and we still have it."
NDP LEADER ANDREA HORWATH

The race for Ontario premier is still up for grabs and the New Democrats can rack up the support they need to win in the next few days, leader Andrea Horwath said yesterday as she embarked on one final tour across the province.

"I'm still in this, not as a kingmaker but someone who's running to be in the top chair, and I think I provide a real alternative for folks," Horwath said in Toronto before taking off for Subdury and Thunder Bay.

"I do believe that a lot of people don't make up their minds until they hit the polling station and receive their ballot."

With the Liberals and the Tories in a tight race according to most polls, the most likely outcome for tomorrow's election appears to be a minority government, which would leave the balance of power with the NDP.

Horwath outlined her key priorities over the weekend and has said she'd work with any other party to meet voters' needs, suggesting she was open to some sort of accord with one of the other parties.

On Monday she blasted her two main rivals for putting their own desire for power over the needs of voters, saying that if Ontarians chose something other than a majority government, all parties would have to find a way to work together.

But with two days of campaigning to go, Horwath seemed to have switched strategies, dismissing talk of a possible coalition and going back on the offensive, saying she still had time to get people on her side.

The Liberals and the Tories wasted no time attacking the NDP again yesterday, with PC Leader Tim Hudak warning that an NDP-Liberal coalition would result in higher taxes.

Hudak sidestepped questions about the NDP's chances, however, saying families will decide who they want to be the next premier.

"What I think families should be concerned about is the Liberals and NDP getting together," Hudak said in Ottawa.

Horwath also took a swipe at her rivals, saying some people are coming to the NDP because the Liberals and Tories have turned them off with their negative campaigns.

She dismissed Premier Dalton McGuinty's suggestion that in a minority situation, she'd force another election in 18 months.

"Again the premier putting words in my mouth," she said.

THE CANADIAN PRESS

Hudak sticking to his guns as voting day nears

With support eroding and their campaign seemingly running out of steam, Ontario's Progressive Conservatives are dismissing suggestions that they're doggedly sticking to wedge issues as they fight to pull ahead of the governing Liberals in tomorrow's election.

Leader Tim Hudak is standing by a controversial campaign flyer about sex education that some groups have branded as homophobic, stoking fears that parents will be kept in the dark about what their children are being taught in school.

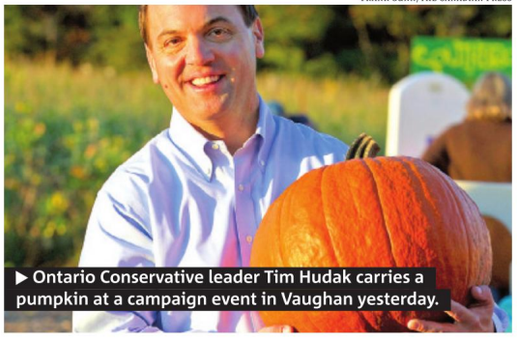
Asked yesterday whether he still supports the flyer, Hudak responded: "Of course."

"I think the only one who has explaining to do is Dalton McGuinty, who wants to bring in a sex-ed curriculum that would start in Grade 1 when kids are six years old," he said while visiting a restaurant in the premier's Ottawa-South riding.

The Liberals have fired back at the Tories on the issue of the sex-ed flyer, saying it completely misrepresents the guidebook and the sex-ed curriculum, which hasn't changed since the Conservatives were in power.

THE CANADIAN PRESS

FRANK GUNN/THE CANADIAN PRESS



▶ Ontario Conservative leader Tim Hudak carries a pumpkin at a campaign event in Vaughan yesterday.

New poll

- A new poll released yesterday suggests McGuinty could be on his way to a third straight majority.
- The survey conducted for Global News, CFRB NewsTalk 1010 and the Ottawa Citizen shows the Liberals at 41 per cent support with the Tories at 31 per cent and the NDP at 25 per cent.

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What's next for Knox?

'Anything with her name on it and her face on it will create an interest. This is the United States of Entertainment,' crisis-management expert says

Now that she's a free woman, what future lies ahead for Amanda Knox?

Will she sell her side of the story for millions? Or will she go into hiding?

Yesterday the 24-year-old headed home to the United States, following four years in an Italian prison, after winning an appeal against her murder conviction for the 2007 stabbing death of her roommate, Meredith Kercher, in Perugia.

Prosecutor Giuliano Mignini said he will appeal to Italy's highest criminal court after receiving the reasoning behind the pair's acquittals, due within three months.

So now that she's free, which U.S. network will land the first interview with Knox?

Will it be ABC's Diane Sawyer, or will Oprah come back from retirement?

JIM COLE/THE ASSOCIATED PRESS FILE

As for made-for-TV movies, will there be a sequel to the already-released movie about the case?

And what about book details? Knox could make millions for any of those deals.

The fresh-faced Knox became an instant celebrity the minute she was arrested. Nicknamed "Foxy Knoxy" by the media for her good looks and alleged penchant for wild sex, personal photos and videos of the Seattle native were splashed across international tabloids.

"She was never guilty. All the evidence proved that. Hopefully she's now going to recapture her life ... become a big star and somehow she can get some dividends out of this nightmare for herself." DONALD TRUMP

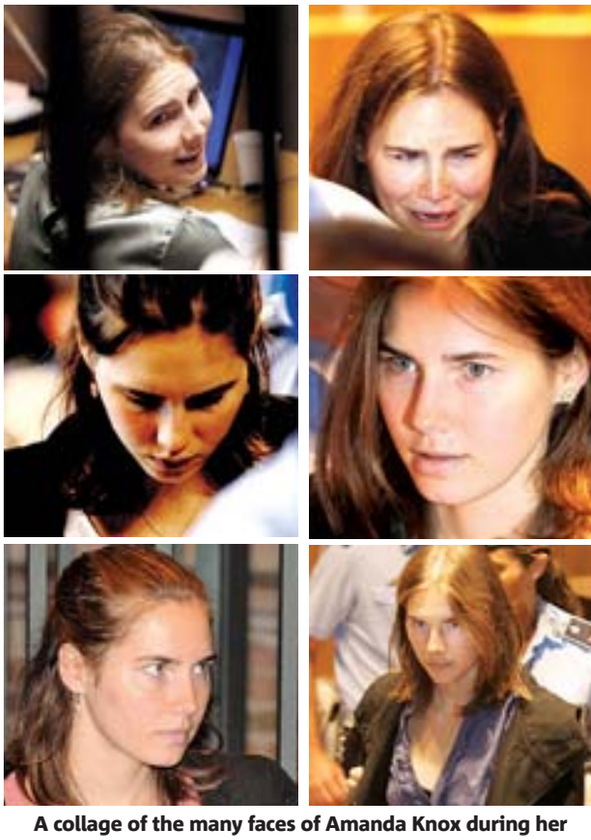
No doubt her family has spent millions on lawyers, travel and Knox's eventual acquittal. The Knox family rented an apartment in Perugia to be near their daughter, and Curt Knox told ABC News two years ago that he and his ex-wife, Edda Mellas, were sparing no expense to save their daughter.

"We have literally mortgaged everything and used our retirement funds," Curt Knox told ABC News in October 2009. "But we do what it takes because we are not leaving our daughter in a foreign prison for something she didn't do."

If Knox is looking for work, there's a ton. Minutes after the verdict came in, Seattle radio station KQMV announced it was offering Knox $10,000 to host a week's worth of the station's morning show.

"We believed in Amanda Knox all along and have been closely following the case. We are extremely happy for Amanda and her family ... and we also wanted to help her family with legal bills," a KQMV spokesperson said in a statement.

TORSTAR NEWS SERVICE



A collage of the many faces of Amanda Knox during her

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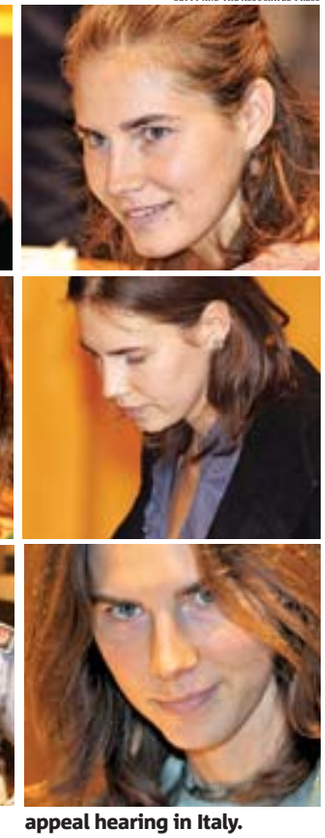

appeal hearing in Italy.

Back home and 'overwhelmed'

Amanda Knox returned to her hometown of Seattle yesterday and was as overcome with emotion as she was a day earlier in Italy, when she was acquitted on murder charges after four years in prison. "Thank you for being there for me," she tearfully told her supporters in front of a crowd of reporters from two continents.

"I'm really overwhelmed right now," she said at a news conference minutes after she was escorted off a British Airways flight out of London. "I was looking down from the airplane, and it seemed like everything wasn't real."

Knox's life turned around dramatically Monday when an Italian appeals court threw out her conviction in the sexual assault and fatal stabbing of her British roommate. On Tuesday a courtroom picture of Knox crying after the verdict was read appeared on the front pages of newspapers in Italy, the U.S., Britain and around the world. THE ASSOCIATED PRESS

'Thank you'

- Knox sobbed at the news conference and held her mother's hand as her lawyer said her acquittal "unmistakably announced to the world" that she was not responsible for the killing of Meredith Kercher.
- After her parents offered thanks to Knox's lawyers and supporters, Knox spoke briefly, saying, "They're reminding me to speak in English, because I'm having problems with that."
- "Thank you to everyone who's believed in me, who has defended me, who has supported my family," she said. "My family's the most important thing to me, so I just want to be with them."

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TORSTAR NEWS SERVICE

▶ Sarah Churman hears her voice for the first time at age 29 in this YouTube video clip.

Woman greets the world of sound

Deaf since birth, a Texas mother discovers her hearing with device

First, she heard her own voice. Then her voice went viral — accompanied by her tears of joy.

All in all, it was not a bad week for 29-year-old Sarah Churman of Burleson, Texas.

Even better, she heard her two young daughters, Oli and Elise, say "I love you," on the phone — again, for the very first time.

By yesterday afternoon, roughly 5.5 million people had viewed a video of Churman's entry into the audible world. Shot by her husband, Sloan, the video depicts a sobbing, but obviously delighted young woman seated in a medical clinic, pressing her hands to her face in a combination of elation and disbelief.

Marketed under the brand name Esteem, the medical device that changed Churman's life is currently unavailable in Canada. TORSTAR NEWS SERVICE

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Accused bomber calls U.S. 'cancer'

A Nigerian man accused of trying to bring down a Detroit-bound jetliner with a bomb in his underwear made a defiant political outburst yesterday in Detroit, demonstrating again why his courtroom behaviour will be closely watched throughout the trial where he's representing himself.

"The mujahadeen will wipe out the U.S. — the cancer U.S.," said Umar Farouk Abdulmutallab, scowling as he referred to Muslim guerrilla fighters.

When marshals removed his handcuffs, he also claimed that a radical Muslim cleric killed last week by the American military is still alive.

In nearly two years of legal proceedings, Abdulmutallab has normally been polite and studious in front of the judge and prospective jurors. But in the moments before court, he's shown a tendency to make comments reflecting loyalty to al-Qaida and contempt for the United States.

The 24-year-old is charged in a U.S. federal court with trying to destroy the Amsterdam-to-Detroit flight on Christmas 2009. He has pleaded not guilty, and his trial is expected to last three or four weeks.

Abdulmutallab, a well-educated man from a wealthy African family, has spent two years in custody and rarely causes a ripple in court. But yesterday's outburst was his second in two weeks.

"Anwar is alive," Abdulmutallab said, referring to American-born cleric Anwar al-Awlaki, who was killed in an air strike in Yemen just days ago.

The U.S. government alleges that Abdulmutallab's attack on Northwest Airlines Flight 253 was directed by al-Awlaki. In September, he made a reference in court to slain al-Qaida leader Osama bin Laden, who has called him a "hero," and complained about his prison clothes.

THE ASSOCIATED PRESS

JERRY LEMENU/THE ASSOCIATED PRESS

▶ Umar Farouk Abdulmutallab yesterday in a courtroom drawing.

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APOLOGY

Pat-down an insult: Survivor

A breast cancer survivor says she was subjected to a humiliating public pat-down at a New York airport even though she offered to produce documentation about her medical implants.

Business consultant Lori Dorn said in her blog that the pat-down at John F. Kennedy International Airport added "insult to injury and caused me a great deal of humiliation."

The TSA later apologized for the incident.

Dorn was heading to San Francisco last week when a full-body scanner detected her prostheses.

She said that while she understood the need for safety, airport security agents needed to show compassion and sensitivity.

THE ASSOCIATED PRESS

Canada-U.S. border deal to cost $1B

A much-ballyhooed perimeter-security deal between Canada and the United States will come with a $1-billion price tag for new border facilities and programs to make trade and travel easier, The Canadian Press has learned.

The Conservative government will use money cut from existing programs to cover the hefty cost of the international pact — an attempt to protect the continent from terrorist threats while speeding the flow of people and products across the 49th parallel.

THE CANADIAN PRESS

Bloodshed in Somalia

MOHAMED SHEIKH NOR/THE ASSOCIATED PRESS

▶ A Somali soldier keeps guard at the scene of yesterday's deadly explosion in Mogadishu.

◗ Blast coats neighbourhood in dust ◗ Bodies strewn across streets

Al-Qaida-linked militants launched their deadliest single bomb attack ever in Somalia yesterday, killing at least 70 people and demonstrating how the group that blocked aid to famine victims can still mount devastating violence even after most of its fighters fled the capital in August.

A truck loaded with drums of fuel exploded outside the Ministry of Education, where students accompanied by their parents registered for scholarships offered by the Turkish government.

Even in a city mired in war and anarchy for two decades, yesterday's attack by the al-Shabab group horrified rescue workers. Ali Abdullahi, a nurse at the city's Medina Hospital, said countless victims were being brought in with amputated limbs and burns.

"It is the most awful tragedy I have ever seen," he said.

The attack took place on one of the busiest streets in the capital, and it was not clear whether the Ministry of Education was the intended target.

"There are obviously still people who want to derail the advances that the Somali people have made toward peace."
SOMALI GOVERNMENT STATEMENT

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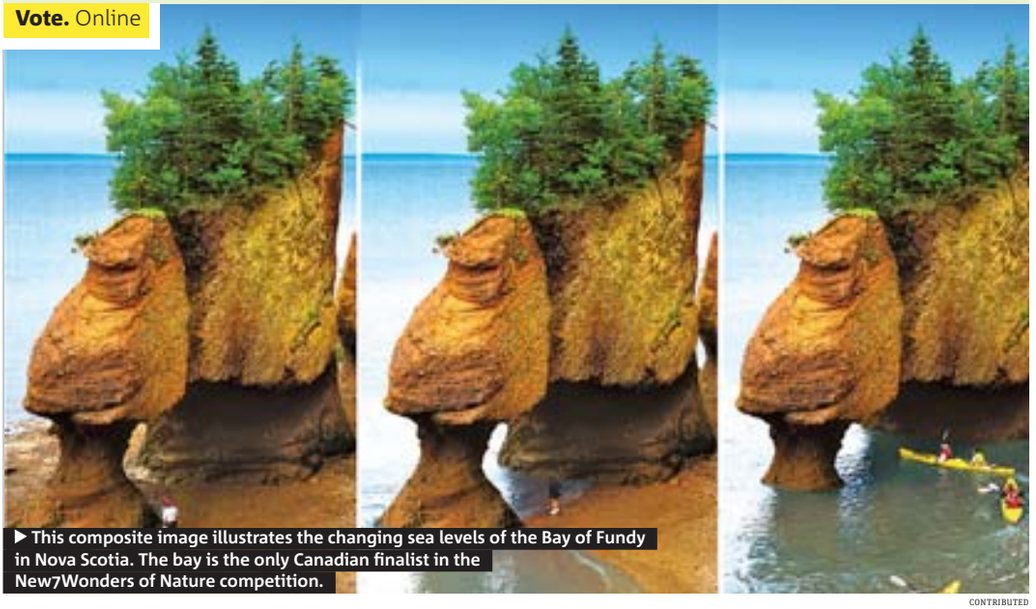

▶ This composite image illustrates the changing sea levels of the Bay of Fundy in Nova Scotia. The bay is the only Canadian finalist in the New7Wonders of Nature competition.

CONTRIBUTED

Bay of Fundy — one of the world's wonders?

A campaign to have the Bay of Fundy named one of the New7Wonders of Nature is gearing up approaching the November 11 deadline. The global competition is vote-based, and the bay will receive a boost mid-September when Canada AM broadcasts live on location from its shores. There are two ways to vote for the Bay of Fundy: free online at votemyfundy.com or text FUNDY to 77077 on any Canadian cellphone ($0.25 per text vote).

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Libyans flee Gadhafi stronghold

Parts of main hospital destroyed in embattled town of Sirte

Families flowed out of Moammar Gadhafi's besieged hometown yesterday, exhausted and battered by weeks of hiding from shelling and gunbattles with no meat or vegetables or electricity — but unbowed in their deep distrust of the revolutionaries trying to crush this bastion of the old regime.

The fleeing residents were a sign of how resistance to Libya's new rulers remains entrenched among those who benefited from Gadhafi's nearly 42-year rule.

Many of those fleeing Sirte said that the stiff defence against revolutionary fighters who have been trying to battle their way into Sirte for three weeks is coming not from Gadhafi's military units but from residents themselves, volunteering to take up arms.

"This so-called revolution is not worth it," said Moussa Ahmed, 31, who sat in a line of cars waiting to go through a checkpoint of fighters searching those exiting the city.

"But we can't say anything now; when we meet the revolutionaries we have to hide our feelings."

The battle for Sirte, on the Mediterranean coast southeast of Tripoli, has become the focal point of the campaign by Libya's new rulers to break the last remnants of Gadhafi's rule.

More than six weeks after the then-rebels swept into Tripoli and ousted the longtime leader, Gadhafi remains on the run, his whereabouts unknown, and his supporters remain in control not only of Sirte but also the city of Bani Walid and parts of the desert south.

MANU BRABO/THE ASSOCIATED PRESS

▶ Two Libyan rebels in a vehicle armed with a rocket launcher patrol the outskirts of Sirte, Libya yesterday.

Heavily armed Gadhafi loyalists are holed up in the Ouagadougou Conference Center and in the city hospital, revolutionary commanders said.

U.S. Defence Secretary Leon Panetta said yesterday that the NATO air mission over Libya can't end and the political process can't begin until Sirte is taken.

Libya's de facto Prime Minister Mahmoud Jibril said Monday that Sirte must fall before the transitional leadership can declare victory and set a timeline for elections.

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Market moment

PRICES AS OF 5 P.M. YESTERDAY

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Oil - $1.94 US ($75.67 US)	Natural gas 1,000 cu ft $3.638 (+ $2.1¢) Gold $1,616.00 (- $41.70)

iPhone 4S is here

Apple's content-storage service, iCloud, to be launched on Oct. 12

KEVORK DJANSEZIAN/GETTY IMAGES

▶ New Apple CEO Tim Cook introduces the iPhone 4S yesterday.

Apple Inc. unveiled a faster, more powerful iPhone yesterday in its first major product event in years without Steve Jobs presiding.

New CEO Tim Cook led the show after Jobs, who has been battling health problems, resigned from the post in August.

Cook, wearing a navy blue button-down shirt and jeans, opened by calling his nearly 14-year tenure at Apple "the privilege of a lifetime."

Those in the audience clapped as he entered, but the reaction seemed more muted than what Jobs had recently received.

Cook said the iPhone 4, which came out in June 2010, sold more quickly than previous models, but Apple has just five per cent of the worldwide handset market.

Apple is hoping to expand that with a new model. The new iPhone 4S has an improved camera with a higher-resolution sensor.

The processor is faster, which helps run smoother, more realistic action games.

It's also a world phone, which means that Verizon iPhones will be able to use-able overseas, just as AT&T iPhones already are.

The new iPhone also comes with new mobile software, iOS 5, that includes such features as the ability to sync content wirelessly, without having to plug the device to a Mac or Windows machine.

Apple said the new phone will come in black or white. Its U.S. price will be $199 for a 16 gigabyte-version, $299 for 32 GB and $399 for 64 GB — all with a two-year service contract requirement.

It will now be available through Sprint Nextel Corp., besides the existing carriers, AT&T Inc. and Verizon Wireless.

IOS 5 will also be available on Oct. 12 for existing devices — the iPhone 4 and 3GS, both iPad models and later versions of the iPod Touch.

THE ASSOCIATED PRESS/WITH FILES FROM THE CANADIAN PRESS

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NOBODY'S RIGHT IF EVERYBODY'S WRONG

JUST SAYIN' ...

PAUL SULLIVAN
METRO

"There's somethin' happenin' here. What it is ain't exactly clear."

That's the opening line from the most famous protest song of the '60s, Buffalo Springfield's For What It's Worth. It was written by Stephen Stills, who went on to Crosby, Stills, Nash & Young fame, and then went on to become old and fat, like most of the other citizens of Woodstock Nation.

But, as my grandma used to say, if you hang around long enough, history will repeat itself, like beans for dinner.

My grandma may have been a bit rude, but she was right. There's a new protest movement in town. It's called Occupy Wall Street, and if the youth of today weren't so prejudiced about classic rock, Steve's song would fit right in: There is somethin' happening here … and what it is ain't exactly clear. And that's putting it mildly.

"Like Woodstock Nation, Occupy Wall Street Nation is a shambolic coalition of leftist ideologues, all-over-the-map 'anarchists,' actual poor people struggling to make ends meet and students."

Occupy Wall Street started small in a park near the New York Financial District when 100 people were arrested for being obnoxious on or about Sept. 24, and has grown daily, spreading to other cities in the U.S., Europe and Japan and, of course, Canada, which never wants to be left out.

Occupy Wall Street Nation, spawned by the children of the boomer citizens of Woodstock Nation, is an eerily accurate echo of the original. Stylish, young, technologically hip protesters drape themselves over iconic real estate uttering incoherent slogans.

Back then it was "Smash the state" and "Hell, no, we won't go" and "One, two, three, four — what are we fightin' for?" etc. Today it's "Honk if you're in debt," "Tax the rich," "99 per cent" (as in, 99 per cent are poor; one per cent are rich) and "Compassion is evolutionary"… whatever that means. Slogans and stylin' are more important than policy, which is, after all, complex, boring and contentious. Ee-yew.

Like Woodstock Nation, Occupy Wall Street Nation is a shambolic coalition of leftist ideologues, all-over-the-map "anarchists," actual poor people struggling to make ends meet, and students who naturally support any movement featuring free smoke, free pizza and a chance to meet beautiful people with bells on their toes and rings in their noses.

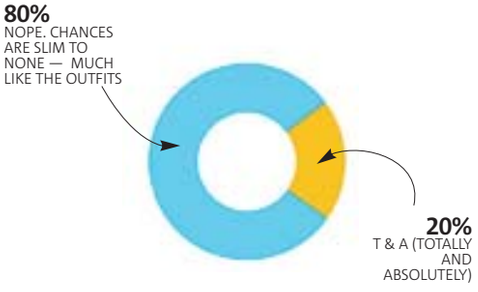
There's still part of me that wants to stick it to the Man, just like I did back in 1970. Until I remember that I am the Man, man, which is a bummer. When did I get to be the Man? When I got a job? Grew up? Had a family? All of the above?

How about that? Four decades later, and it still ain't exactly clear … for what it's worth.

Read more of Paul Sullivan's columns at metronews.ca/justsaying

Panel
Register at metropolitanpanel.ca and take the quick poll

Would you try out for the Lingerie Football League?



Local tweets

@HertzBarry: Finally rode the new TTC subway cars! Meh.

@ImaginingTO: Only 2 Giller Prize shorlistees live in TO and none of the books are set here. What happened to the TorLit conspiracy?

@pat_murphy: Stoked to see the reply of @shadkmusic & @lights on @NML - So much good music coming out of Canada right now it's blowing my mind.

@Gummibear43: @lights I'm so proud of you, you were so great today. It's been amazing seeing you progress these past 3/4 years (:

@J_MarieB: The weather is going to be beautiful all week #Toronto!!! :-)

@Toronto_Fringe: Interested in applying to the @Toronto_Fringe Festival? Got Questions? We're having an info session Oct 5, 5:30pm-7:30pm! #toronto #theatre

@DenisGorman: Not sure of rationale in #NHL #NJDevils trade of David Steckel to #Toronto #MapleLeafs. #NJDevils are thin at center. Would have filled need

Letters

RE: Insects, glorious insects: How we're eating bugs, published Oct. 4

Mr. Johnston's article mentions that "caterpillars are full of iron" but fails to warn readers that many caterpillars are highly toxic and quite dangerous.

Touching some caterpillars can set off a serious and sometimes fatal reaction.

People should never touch caterpillars unless they know about that particular species in detail.

The same goes for all insects: It is estimated that only 1,000 to 2,000 out of millions of species of insects are edible; therefore, caution and knowledge must be used.

A minor detail is that the insects in the picture are not bugs, and the scorpion is not even an insect.

I encourage Mr. Johnston to write an article about insect toxins.

This is a fascinating subject.

MILTON CHARLTON
TORONTO

Cranberry. Harvest

▶ Miguel Sandel of Middleborough, Mass., rakes cranberries into a loading tube during an afternoon harvest at the Hannula cranberry bogs in Carver, Mass., yesterday.

CHARLES KRUPA/THE ASSOCIATED PRESS

Photo of the day

Massachusetts cranberry farmers are expecting a robust crop this fall. Researchers said that growing conditions this summer were optimal, with enough hot days interspersed with the right amount of rain.

WEIRD NEWS

Trekking on an 87-year-old mystery

A proposed expedition to Mount Everest later this year could solve an 87-year-old mystery: Did two British adventurers, George Mallory and Andrew Irvine, reach the top of the mountain?

Mallory and Irvine began their assault on June 6, 1924. They were last spotted around 1 p.m. on June 8, climbing an obstacle. They were, according to Scientific American, less than a kilometre from the summit. And then the weather turned bad and they were never seen again.

Their disappearance has prompted many in the climbing community — and beyond — to speculate on what happened to the pair. More than a half a dozen expeditions have scaled Everest over the years to find the missing men and write the final chapter in their mysterious demise.

The tale of these two climbers has long fired the imagination of Tom Holzel, an Everest historian, climber and American businessman. He's the man behind the latest expedition, which is supposed to head out in December.

TORSTAR NEWS SERVICE

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Patience pays when planning your travels

While many prefer to take their much-needed vacation in December, those who wait until January are rewarded for their patience. Significant discounts and fewer travelers actually leave more affordable options open. From all-inclusive resorts to themed parks and ski destinations, smaller crowds mean fewer lines and shorter waits. So, no matter where you want to go or what you want to do, just remember that it's never too late to plan the perfect getaway.

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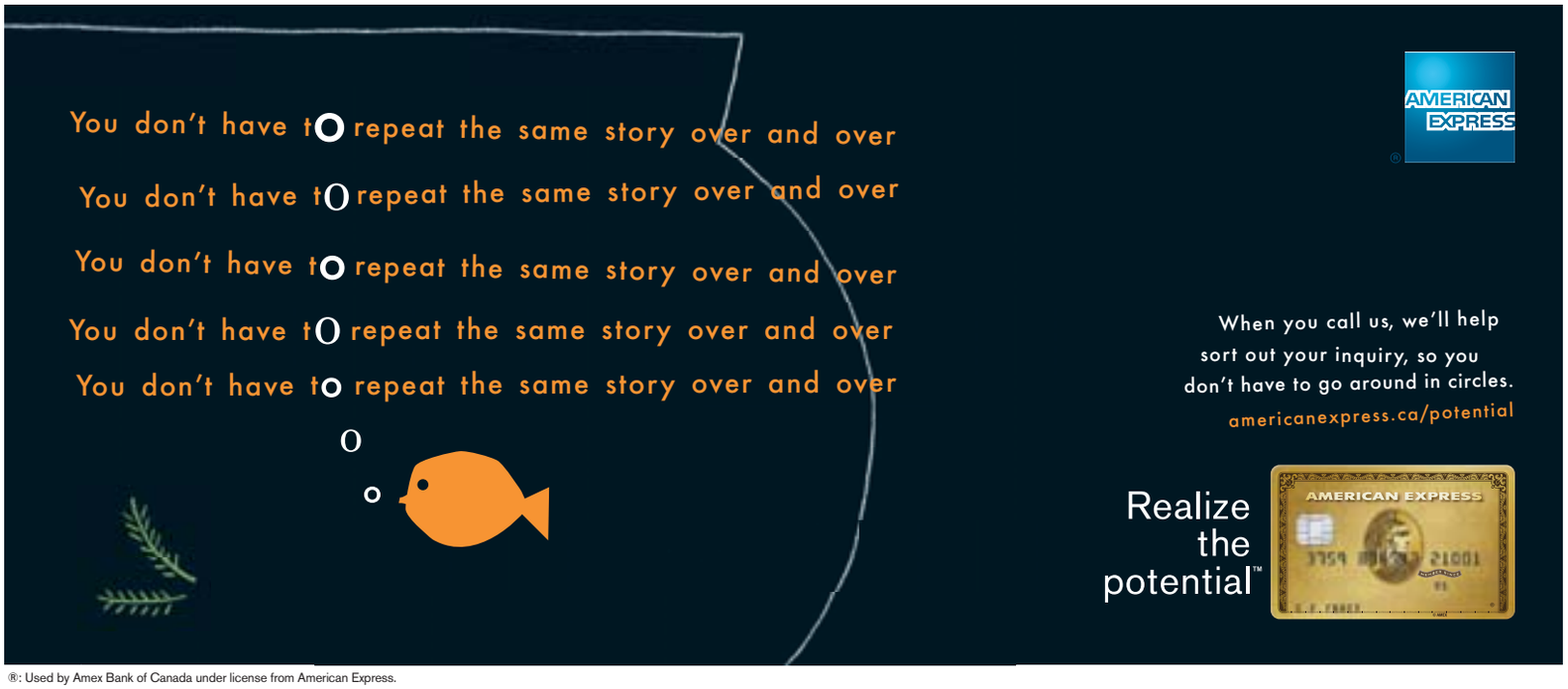

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Clooney waxes political

Ides of March reflects cynicism of the times, says actor-turned-director That's 'probably good'

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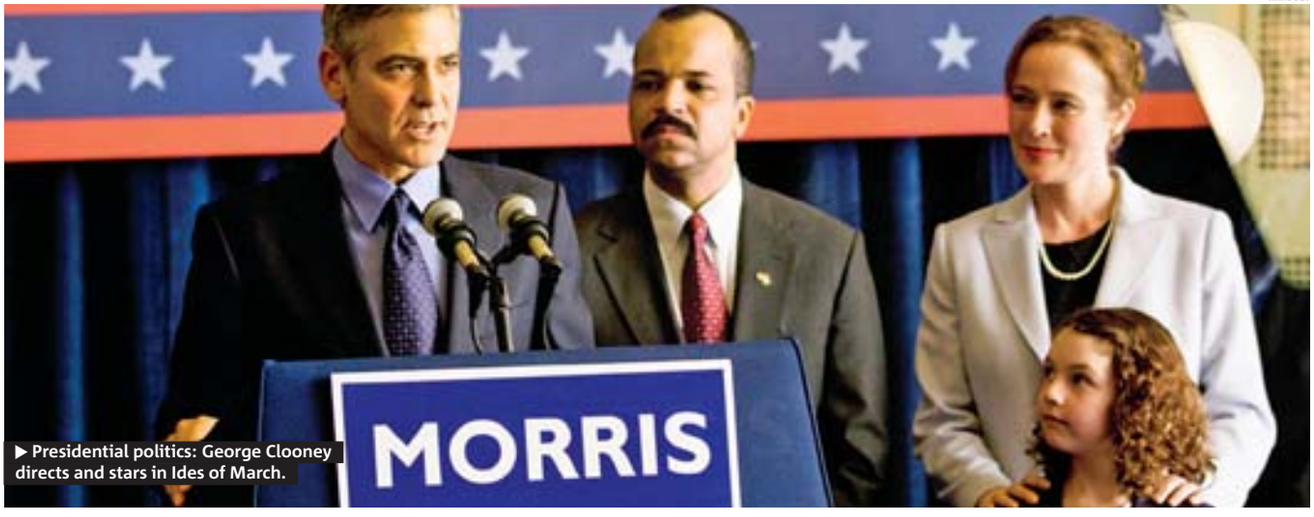


▶ Presidential politics: George Clooney directs and stars in Ides of March.

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN HOLLYWOOD

George Clooney's new film, Ides of March, takes what some might call a cynical look at the state of American politics, but that doesn't mean the director and star — ever the optimist — has given up on the system all together.

"I think it's cyclical," he says. "I think we're at a period of time where it's probably not our best moment in politics, but if you look at the things Jefferson and Adams did to each other, the 1800 election was pretty rotten and evil. Things change and are cyclical, so I'm hopeful."

The film, based on Beau Willimon's play Farragut North, follows an idealistic young campaign worker (Ryan Gosling) whose work for a charismatic candidate (Clooney) during the Democratic primary opens his eyes to the underbelly of politics.

But as much as campaign signs and Beltway jargon make up the scenery of Ides of March, Clooney wants to make clear that this is not a political film — at least not the way he sees it.

"I thought of this as a film about moral choices, not about political strife," he says. "I thought it was a fun moral tale, and once you put it in politics it sort of amps up the problems. There isn't a person you have met that hasn't been met with moral questions. Everyone makes moral choices to better themselves and hurt others along the way, whether the means justifies the ends."

In fact, he maintains, the political setting is actually incredibly incidental — especially considering current events. "It could have been better in Wall Street," he offers.

With acclaimed films like Confessions of a Dangerous Mind and Good Night and Good Luck on his resumé, Clooney is proving just as adept as a director as he is as an actor.

So how different is the Clooney behind the camera to the one audiences know? Not very.

"He's pretty much the same guy as George Clooney the actor," he jokes. "Basically the same height, same hair. Pretty much the same."

As for his on-camera work for the film, surely Clooney used some real-life models in portraying a top-ranking politico, right? Not so much, he insists.

"No, there really weren't" any existing public figures used for this basis of his character, Clooney says. "There's just so many ways to get in trouble with this answer. There were enough examples that we just picked little pieces of whatever we wanted."

But he maintains that viewers going out looking for those real-world corollaries are wasting their time. "People think it's about the John Edwards thing, but this was written before the John Edwards thing even broke," Clooney offers as an example.

It's all part of the perception problem people have with movies — especially political movies — and their place in culture, Clooney explains.

"Films don't lead the way. In general it takes about two years to get a film made," he says.

"People think that films somehow are trying to lead society. Mostly we're reflecting the moods and thoughts that are going on in our country and around the world. If this film reflects some of the cynicism that we've seen in recent times, that's probably good. It's not a bad thing to hold a mirror up and look at some of the things we're doing. It's not a bad thing to look at how we elect our officials."

"I thought of this as a film about moral choices, not about political strife."
GEORGE CLOONEY

Nobunny really liked the Club

NBC's Playboy Club is closing early.

The network said yesterday it is cancelling its highly-publicized new drama, The Playboy Club, after only three episodes.

Its time slot will eventually be filled by Brian Williams' new news magazine.

The Monday night drama, set in the 1960s, had only five million viewers for its first episode two weeks ago and kept losing viewers. Nielsen said the show had only 3.5 million viewers this week.

It's the first cancellation of the new fall TV season.

Set in a Chicago club and evoking the era and attitude made fashionable by Mad Men, the drama was hurt by strong competition.

Both Hawaii 5-0 on CBS and Castle on ABC are their networks' strongest 10 p.m. dramas, said Bill Gorman of the website TV By the Numbers.

NBC's drama drew some mixed reviews and protests by activists who tried to encourage an advertiser boycott, deeming the material inappropriate for network television.

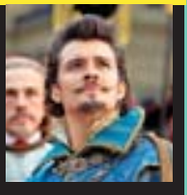
THE ASSOCIATED PRESS

MATT DINERSTEIN/NBC

▶ A scene from The Playboy Club.

2 scene

Scene in brief



One for all and all for one: Athos, Porthos and Aramis swashbuckled their way down the red carpet in London for the world premiere of The Three Musketeers in 3D. The trio of actors taking on the legendary characters — Matthew Macfadyen, Ray Stevenson and Luke Evans — were joined at yesterday's launch by Logan Lerman, who plays their hot-headed colleague, D'Artagnan. Other stars at the premiere included Milla Jovovich, who portrays the mysterious Milady; Orlando Bloom, who takes on the dastardly Duke of Buckingham; and director Paul W.S. Anderson of Resident Evil fame. The family adventure sees the 17th-century band of heroes set out to defend the Queen's honour and protect France from war.

THE ASSOCIATED PRESS

Ralph Fiennes, David Cronenberg to receive career honours at London Film Festival

ORDINARY PEOPLE, EXTRAORDINARY CIRCUMSTANCES

IN FOCUS

RICHARD CROUSE
SCENE@METRONEWS.CA

If the premise of Real Steel sounds familiar, it's because the last time you saw it was in black and white, coming to you from the Twilight Zone.

"The Twilight Zone episode called Steel with Lee Marvin, written by Richard Matheson, was in the '60s," says Real Steel director Shawn Levy.

"It was about a robot boxing promoter, a guy who owns robots and fights them for money. From there we beefed it up."

In its original run the anthology series mixed and matched science fiction, comedy, supernatural and occult stories usually featuring ordinary people in extraordinary circumstances.

Hosted by Rod Serling, it was must see TV with a catchy theme song, which influenced thousands of writers and directors.

Three series and a movie have officially claimed the Twilight Zone name but dozens of other films have been either directly — or indirectly — inspired by the show.

Submitted for your approval, here is a list of movies that owe a debt to one of the greatest television shows ever.

The 1996 Kyle MacLachlan thriller The Trigger Effect was a reworking of a classic episode called The Monsters Are Due on Maple Street, which shows the effects of a power failure on a neighbourhood.

Named the best Twilight Zone episode by Time Magazine, the show is still shown in classrooms to illustrate how lethal a mix intolerance and panic can be.

The film pays tribute to its television roots by placing its main characters at the corner of Maple and Willoughby Streets, a reference to another famous episode, A Stop at Willoughby.

The Cameron Diaz movie The Box was a remake of Button, Button, a story from the series' 1980 reinvention and Child's Play, the movie which introduced the murderous doll Chucky seems to have looked to a 1963 episode called Living Doll for inspiration.

Two towering artists of modern horror can count the Twilight Zone as seminal to their work.

The show perfected the use of the twist ending, which M. Night Shyamalan would later incorporate into his work.

His most famous film, The Sixth Sense has echoes of Occurrence at Owl Creek Bridge, a 1964 episode about a man who is revealed to be dead.

In Danse Macabre Stephen King called the show "damn near immortal" and it's been hinted that his novel Christine (later made into a movie) was inspired by the driverless car episode A Thing about Machines.

Three series and a movie have officially claimed the Twilight Zone name but dozens of other films have been either directly — or indirectly — inspired by the show.

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▶ Rod Serling pauses for a cigarette and coffee between scenes during filming of The Twilight Zone in 1961.

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Kournikova is no loser

Former tennis star defends her sub-par record Says a winning attitude will help Biggest Loser contestants

MEREDITH ENGEL
SCENE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

How do you make the 12th season of a reality show feel fresh? By bringing in some fresh judges.

Season 12 of The Biggest Loser airing on Citytv, and stepping in where Jillian Michaels left her sneakers are tennis superstar Anna Kournikova and personal trainer Dolvett Quince. For Kournikova, the opportunity to coach instead of be coached was one she didn't want to miss out on.

"I was the one that went after this opportunity," the former No. 8 player in the world says. "I've used my body as a tool my whole life on a tennis court. Instead of listening to all the information that was thrown at me, (I'm now) voicing it to the contestants and sharing it with them."

The tough-girl training style of former coach Jillian Michaels was a hit with viewers, but Kournikova isn't stressed about taking over.

"I didn't feel any pressure," she says. "I didn't feel like I was replacing anyone or trying to fill in anybody's shoes. We all have our own styles. I'm not trying to prove myself by any means. I'm just there to do my part of the job, which is train and educate the contestants about (a) healthy lifestyle."

For those viewers wary about Kournikova — a buxom blonde who hasn't found much recent success on the court — taking the reins, she's eager to set the record straight.

"Listen, I get criticized and judged all the time," she says. "But to be a top 10 tennis player in the world, I must have been doing something right. And I came from Soviet Union from really nothing. That's how I tell the contestants I can relate to them. I know what it's like to be judged and criticized, whether it's because of your weight or how you look. People have all these preconceived notions and I'm OK with that. The only thing I can control is I can work hard (and) be the best human being I can."

This season, contestants will face off in a Battle of the Ages competition, with Kournikova coaching the over-50 crowd.

"Obviously the older group is the most difficult for me because they have less energy. They're much more set in their own way so it's a lot more difficult to change someone's mentality who's in their 50s or 60s.

Regardless of the challenges, she says she got really invested in each contestant's personal growth.

"You literally become family with these people," she says.

FILE PHOTO/GETTY IMAGES

▶ Anna Kournikova is now helping Americans lose weight on the show Biggest Loser.

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Cowell's ego takes a hit

X-Factor fails to reach Simon's lofty ratings goals Loses out to sitcom

FILE PHOTO/THE ASSOCIATED PRESS

▶ Simon Cowell

Simon Cowell admits he regrets saying ratings less than 20 million for the U.S. version of The X Factor would be a failure.

The show's September debut earned 12.5 million viewers, which was less than the premiere of the comedy Modern Family, the leader of the night with 14.5 million viewers.

The X Factor held those numbers for the second episode.

In week two, ratings hovered around 12 million viewers for each of the episodes.

"I'm not going to lie. I wanted 20 million when we launched," says Cowell, "but now I'm kind of back in the real world and I'm seeing this grow naturally. I'm as happy as I've ever been."

The show is Cowell's baby. Besides being a judge on its panel, he is its creator and an executive producer.

"We're not in Russia where you have one show. This is life. If you're competitive and it spurs you on, I kind of get excited by it."

THE ASSOCIATED PRESS

TV watch list

Spreading the Modern success

TELEVISION Modern Family is sandwiched by a pair of shows. Suburgatory pokes fun at suburban life with a surprising sweetness, while Happy Endings — airing the second episode of its second season — is a buoyant comedy that is helped by the chemistry of its cast

▶ Citytv, ABC

NBC embraces new comedies

SITCOMS Since when did Wednesday nights become such a hotbed for comedy? Well, it might have something to do with the introduction of two winning new NBC sitcoms, Free Agents and Up All Night.

▶ NBC

THE CANADIAN PRESS

A girl's best friend and an easy sell

Stage Notes

JONATHAN NAYMARK
SCENEOPOLIS.COM

2011 may go down (no pun intended) as the year of the vibrator. With the Hollywood film Hysteria premiering at TIFF as well as the Tarragon Theatre's production of In the Next Room or The Vibrator Play, the history of the modern vibrator is, for reasons unknown, topical for Torontonians this fall.

In the Next Room premiered in New York, successfully pleasuring audiences as it moved from smaller theatres before opening at the famed Lincoln Center.

With significant buzz, it was nominated for a Tony Award for Best Play in 2010.

The Toronto production, a Canadian premiere and a co-production with the Royal Manitoba Theatre Centre, is a standout amongst the Tarragon Theatre's fall season; it premieres next week.

Also opening next week at the Factory Theatre is Rick Miller's one-man multi-media extravaganza: Hardsell. While not quite as topical as vibrators, Hardsell explores how human beings are constantly manipulated by advertising. A satirical look at our modern day society, Hardsell questions why everything has become part of "the sell". A truly innovative piece of theatre, Hardsell is a must for the inquisitive theatre-goer.

MICHAEL COOPER PHOTOGRAPHICS

▶ Rick Miller in Hardsell.

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Movie Review

Marathon Boy
Genre: Documentary
Director: Gemma Atwal
●●●
It's hard to believe that by the age of four, an Indian orphan named Buddha Singh may have run 48 full marathons, but truth is stranger than fiction.

If Gemma Atwal's documentary doesn't exactly break any new ground in terms of presentation, it's at least got an amazing subject, and she tells Singh's complicated, at times precarious story with the right mix of observational detachment and compassion.

Marathon Boy is October's Doc Soup 2011-12 Season opener. It's showing today at 6:30 and 9:15 p.m. at the TIFF Bell Lightbox at 350 King St. West.

ADAM NAYMAN

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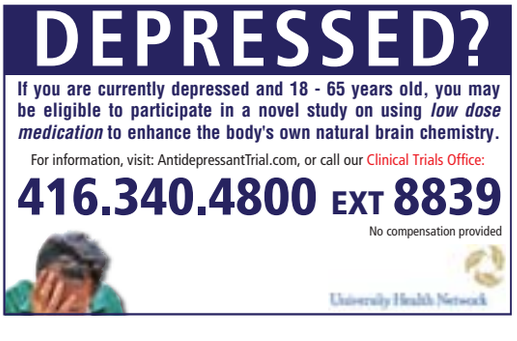
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Back into the spotlight

The countdown is over With new album Metals, Feist carves out a very different voice from 1234

CHARLES SYKES/THE ASSOCIATED PRESS

Feist has abandoned the lighter 1234 direction and gone much darker on her new album.

As Feist celebrated her 35th birthday earlier this year with an intimate dinner among friends, she was momentarily distracted by the intense flickering of a television in a nearby room.

The images were bizarre — motorbikes on a stage accompanied by pyrotechnics and music. Whatever it was seemed outlandish and jarring. What, she wondered, could be the spectacle?

It wasn't until she got closer to the television that the frenetic, choreographed commotion made sense. It was the telecast of the Grammy Awards. Only three years earlier, she was part of that scene, performing 1234, the song that would make the former indie artist a global sensation — in a different out-of-context performance. Now, watching the awards, the images she saw confirmed how surreal that experience had been — and how she just doesn't fit into that poppy, musical world.

"The Grammys, and the magnitude of that spotlight, it wasn't a place where I felt at home. Like what I do doesn't really happen there," Feist said during a recent interview as she sat on a quiet patio at her downtown Manhattan hotel. "It's such a potent and brief moment, and it doesn't really speak to the truth of what touring and being a musician is. It's mostly fanfare, inflated and very intense. I wasn't feeling very comfortable in that kind of setting."

Now that Feist is releasing Metals, the follow-up to her breakthrough, heralded 2007 album, The Reminder, she's back in her comfort zone. Her fourth album has a darker tone, but still has that otherworldly, mystical quality that has made her one of music's more original voices.

"It's just heading into a much more personal and bold and more uncompromising direction, taking all kinds of risks, which I respect," says her longtime collaborator Chilly Gonzales, one of the album's producers and songwriters.

THE ASSOCIATED PRESS

The album

What to expect from the album.

New CD Musically, she veers somewhat from The Reminder with songs that seem weightier. There is no magically delightful song like 1234.

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Seth Rogen resists having children

While he may be a happy newlywed, Seth Rogen is definitely not jumping into starting a family.

"All my friends are having kids and my sister just had a baby last year, and it makes me not want to have kids," the 50/50 star tells iVillage. "It's very nice just playing with (my sister's baby) and then as soon as it becomes difficult, you just hand it off."

As for his relationship with new wife Lauren Miller, Rogen says he's done a lot of growing up.

"I'd like to say that she taught me how to tidy up, but that's been the exact opposite." METRO

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Talking points

Pattinson says Twilight felt anti-climatic

SOUNDS LIKE A JEALOUSY ISSUE. With filming on the Twilight films behind him, Robert Pattinson admits he's a bit disappointed with how it all ended, according to Hollyscoop.

When Pattinson and Kristen Stewart filmed their final scene, there was still another day of filming left for the crew, he explains.

"The wolves actually wrapped the whole movie, so our bit was such an anti-climax because it was the end of a week of night shoots," Pattinson says. "But they had the last ever day the next day. So when it was our last bit, no one clapped or anything." METRO

Wilde still not over divorce from Ruspoli

SELF MEDICATING. Olivia Wilde's divorce from Italian Prince Tao Ruspoli was finalized late last week, according to Us Weekly.

The pair, who wed when the actress was 19 years old, filed for divorce in March after eight years of marriage.

While the exes have remained on good terms, the process still hasn't been easy.

"I got a divorce and self-medicated with food," Wilde told Nylon magazine in July. "But I figure that's better than self-medicating with crack cocaine." METRO

Spears lets an engagement hint slip?

AND PEOPLE ASK 'WHY SHOULD WE STILL CARE?' Maybe all of the engagement rumors about her and Jason Trawick have been sinking in with Britney Spears, as the singer flubbed when referring to her boyfriend during a recent radio interview in the U.K.

When asked about dressing up in costumes — her sons had recently had a Spider-Man-themed birthday party — Spears said, "Actually me and — I was going to say my husband — my boyfriend, we do that every once in a while. We're goobs. I'm so embarrassed."

So was it just a Freudian slip or a hint at some big news to come? METRO

Celebrity tweets

"Definitely did not get up in the middle and " walk out of interview" contrary to headline on cnnsi.com. Answered last question and left."

@andyroddick

@BetteMidler

"The Kardashians = the Gabors! I knew I'd seen this movie before!"

@JennyMcCarthy

"Did you hear about the blonde lesbian? She keeps having sex with MEN!."

@conanobrien

"Ah, autumn in LA, when the stagehands spray the leaves such pretty colors."

A dream come true

Cruising on the Disney Dream ship a real treat for this Metro writer's little princess

RUTH ESTWICK
LIFE@METRONEWS.CA

COURTESY DISNEY

▶ The Disney Dream is a 'dream' for kids, but also has plenty to keep adults happy, such as lounges, nightclubs and fine dining.

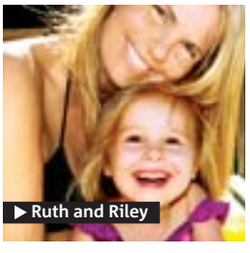
When my four-year-old-daughter Riley and I arrived at the Disney Dream's home port in Port Canaveral, Fla., we knew we were in for the vacation of a lifetime. In fact, Riley was convinced we were setting sail for Never Land!

In reality, we were boarding the newest vessel in the Disney Cruise line collection and setting sail for a two-day adventure to Disney's private island in the Bahamas; Castaway Cay.

The Disney Dream is the third ship in the Disney Cruise Line fleet.

Once aboard, we understood quickly why they named this classic ocean liner the Disney Dream. The name says it all: a breathtaking Grand Atrium, elegance and luxury on each deck, silhouetted by Disney character detail at every turn. The staterooms, waterslides, restaurants, kids clubs and stage shows were classic Disney imagineering. We stayed in a spacious, Deluxe Oceanview Stateroom with veranda. Roomy enough to sleep four, this stateroom boasted a queen-size bed with below-bed storage, convertible sofa, split bath and private balcony.

Cruising is all about great food and we dined like Disney Princesses, as Riley would say.



▶ Ruth and Riley

The rotational dining approach allowed us to enjoy a different restaurant every night. The restaurants are themed — which Riley loved. The Enchanted Garden boasts a garden-inspired decor with a menu that allows you to select choices from around the world including Riley's favourite fish, pan-seared sea bass.

The Animator's Palate, the main dining room, was like being inside a Disney animation studio. The walls were adorned with tools of the trade, the interior magically transformed into a live under-sea, interactive adventure with Crush the Turtle from Finding Nemo. And Crush got personal, dude. He would swim from tank to tank asking questions of the diners that generated some gnarly laughs. There were also many casual dining options on board.

Riley and I have so many Disney Dream memories including the spectacular Pirates of the Caribbean Show, a pirate-themed deck party that included pre-show games hosted by swashbuckling scallywags. The pirate show was so realistic that Riley was convinced we had entered Never Land and were captured by Captain Hook. Following the show, Buccaneer Blast, a musically synced fireworks show lit up the night sky. Another of Riley's favourite memories? The Oceaneer's Club, an activity centre for kids aged three to 10. This supervised play centre is home to Disney-style imaginative worlds. And while the little buccaneers are at play, there is a lot to do for the adults. The District is an adults-only entertainment area, complete with lounges and nightclubs.

Riley and I landed back home with a trunkful of memories. My most cherished? My little girl cuddling up to me midship in an oversized golden throne on our final day and whispering that her favourite part of this magical journey was spending time with me.

3 life

Travel in brief

With a little research and planning, family trips can be fun-filled and hassle-free.

Plan Ahead: Use the Internet, travel guides and personal recommendations to research attractions, book a hotel or reserve tickets.

Frequent Stops: For long road trips schedule regular stops along the way.

Double Check: Before you depart ensure the entire family has everything they need.

NEWS CANADA

New Canadian art pavilion in Montreal reflects bustling cultural scene.

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PHOTOS: SHERI LOWEN, THE .

Monster draw

Florida theme parks are gearing up for the Halloween season with spook-tacular attractions

What started as a small-time venture for these venues has turned into big business

Universal Orlando's first foray into Halloween Horror Nights 21 years ago involved one weekend, a single haunted house tucked away in the back of the park by the Jaws ride and some people in store-bought masks jumping out of dark corners.

What was largely an experiment that first year has evolved into a monster draw for the Orlando theme park.

This time the event runs 25 nights in September and October and takes over the entire park, with eight themed haunted houses and mazes, two live shows, sophisticated makeup, film-quality set decor, lots of fake blood and as many as 1,000 "scare-acters" involved. Planning and production takes place year-round now, and the event draws hundreds of thousands of people who pay $42 or more to attend.

"I think it all has to do with escape," says Patrick Braillard, a production show director and one of the gleefully demented minds behind the event.

"People love to be transported, they love to be taken somewhere they're not familiar with. So our job is to create eight immersive environments.

"When they walk in, they are completely somewhere else."

The Universal haunted houses and mazes are on sophisticated studio soundstages and all have a theme and eerie story attached.

In one, visitors walk through a misty haunted cemetery as corpses emerge from disturbed graves and crypts.

In another, souls that perished at sea on Christopher Columbus' fourth ship forever haunt a Spanish fort.

Another has an obligatory tie-in to a Universal movie, in this case The Thing, which comes out in mid-October.

▶ About 1,000 actors are involved in Universal Orlando's Halloween Horror Nights.

A Lady Luck gambling theme — it's the 21st year for the event, get it? — is a common thread throughout.

Horrible-looking zombies and other ghouls lurk in 'scare zones' throughout the park.

This is definitely not for younger kids and the faint of heart.

Halloween Horror Nights takes place at Universal Studios Florida.

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Glasgow $69
Travel Oct 18 - Oct 26/ts + taxes & fees $446

Jamaica $99
Travel Oct 29 - Nov 5/ts + taxes & fees $348

Halifax one-way $109
Travel Oct 9/ac + taxes & fees $70

Miami $198
Travel Oct 24 - Nov 1/ws + taxes & fees $108

Costa Rica $295
Travel Oct 24 - Oct 31/wg + taxes & fees $309

Las Vegas $299
Travel Nov 13 - Nov 17/wg + taxes & fees $294

London Christmas $299
Travel Dec 14 - Jan 1/ts + taxes & fees $522

Rome $299
Travel Oct 9 - Oct 24/ts + taxes & fees $429

San Diego $378
Travel Nov 2 - Nov 9/ac + taxes & fees $126

Honolulu $689
Travel Nov 23 - Nov 30/dl + taxes & fees $129

Florida

Orlando Family Special Air + 7 Nights $99◊
Champions World Resort + taxes & fees $281
INCLUDES accom near theme parks. Price per person based on family of 4. Departs Oct 30/ggv/wg. UPGRADE to 4-star Mona Lisa Suite Hotel for $23 per night. ADD 5-day *Walt Disney World* Resort *Magic Your Way* Base Ticket for $271/adult, $251/child (ages 3-9).

Miami Air + 4 Nights $449
Marco Polo Beach Resort + taxes & fees $141
INCLUDES resort-style accom along Miami Beach. Departs Oct 10, 17, 22/ggv/dl. ADD Everglades airboat for $68.

Orlando Long Stay, Air + 21 Nights $479
Champions World Resort + taxes & fees $281
INCLUDES accom near theme parks. ADD 21-day economy car rental for $14 per day. Departs Nov 6/ggv/ts.

Fort Lauderdale Air + 7 Nights $492
Ocean Sky Hotel and Resort + taxes & fees $118
INCLUDES beachfront accom. Departs Nov 15/acv/ac. UPGRADE to 4-star II Lugano Hotel for $40 per night.

Florida Keys Air + 4 Nights + Car $699
Ocean Pointe Suites + taxes & fees $127
INCLUDES airfare to Miami, beachfront accom and a 4-day car rental. Departs Nov 14/ggv/dl.

Europe

Glasgow Air + First 3 Nights $259
Holiday Inn Express Glasgow + taxes & fees $522
INCLUDES central accom located on the banks of the river Clyde. BONUS breakfast included. Departs Oct 18/ggv/ts. ADD 7-day car rental for $15 per day.

London Air + First 2 Nights $275
President Hotel + taxes & fees $616
INCLUDES central accom near Russell Square underground station. Departs Oct 18/vat/ts. ADD a hop-on, hop-off tour for $42.

Munich Christmas Markets Air + 6 Nights $679
Citadines Munich Arnulfpark + taxes & fees $537
INCLUDES accom with fully equipped kitchen located nearby the Marienplatz and the Christmas markets. Departs Dec 4/ggv/kl. UPGRADE to 4-star TRYP Hotel Muenchen for $21 per night. ADD a hop-on, hop-off circle line tour for $40.

All-inclusive Vacation

Cozumel Air + 7 Nights All-inclusive $765
Melia Cozumel Golf & Beach Resort + taxes & fees $132
INCLUDES beachfront accom and unlimited golf at the island's 18-hole premier golf course. BONUS 2-tank scuba dive with instructor and full equipment included‡. Departs Nov 9/ggv/ws.

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Puerto Plata 7 Nights 3.5-Star $247
Allegro Puerto Plata + taxes & fees $388
Departs Nov 12/nol/ts. UPGRADE to the 5-star Riu Bachata for $31 per night.

Varadero 7 Nights 4-Star $355
Sol Sirenas Coral + taxes & fees $280
Departs Nov 11/swg/wg.

Panama Air + 7 Nights 3.5-Star $397
Royal Decameron + taxes & fees $312
INCLUDES beachfront resort accom in Playa Blanca. Departs Oct 31/nol/c6.

Canada

Niagara Falls Family Special 2 Nights 4-Star $49◊
Crowne Plaza Niagara Falls taxes & fees included
INCLUDES accom near Niagara Falls. Price per person based on family of 4. Departs Oct 19, 23, 25/ggv. ADD great gorge adventure pass for $17.

Montreal 2 Nights 4-Star $159
Hotel Le Cantile Suites taxes & fees included
INCLUDES central accom near shopping. Departs Oct 20, 25, 28/ggv.

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ASSOCIATED PRESS

▶ Halloween Horror Nights draws hundreds of thousands of people who pay almost $50 to get a good scare.

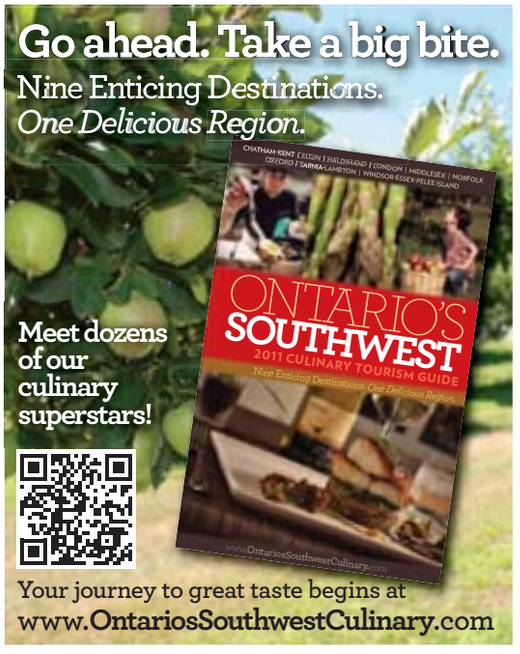
Busch Gardens, Tampa, Fla.

At Busch Gardens in Tampa, the annual Howl-O-Scream event will feature The Dark Side of the Gardens for 17 nights, with seven haunted houses and mazes, plus the streets will be crawling with hideous zombies. Creative director Scott Swenson says twice as many actors are hired just to haunt the streets inside the park now than were involved in the entire event when it started 12 years ago.

Walt Disney World, Fla.

For families that want some Halloween fun that doesn't involve uncomfortable surroundings, gore and body parts, Walt Disney World has Mickey's Not-So-Scary-Halloween Party. The costumed little ones can collect trick-or-treat candy from throughout the Magic Kingdom and see the Boo-To-You parade that includes stars of the famous Haunted Mansion attraction. Disney caps it off with a Happy HalloWishes fireworks show.

THE ASSOCIATED PRESS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Postcards from the planet

HEATHER GREENWOOD DAVIS
GLOBETROTTINGMAMA.COM

BONDI BEACH, AUSTRALIA OCT. 1, 2011

It took 11 hours to fly from China to Australia. That, plus the time change, meant we landed exhausted. And yet at the first sight of Bondi Beach the boys were off and running. They were climbing over the rocks and chasing the gulls into the surf. Their curiosity is infectious and soon we were all out there pointing, laughing and having a good time despite the less than perfect temperature of 19 degrees.

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The price is by person, including transportation, tour leader service and TICO compensation fund. For those tours more than 2 days, price also includes hotel accommodation. Tax is not included. Maple Tour is a brand name of standard bus tour service operated by Wonder Holidays Inc.

My favourite spot in Canada

JONATHAN SCOTT: ST. JOHN'S N.L.

TORSTAR NEWS SERVICE

St. John's because it's the perfect blend of old and new, where city meets nature. The rugged landscapes and the friendly locals invite you into what is one of North America's oldest cities. A city full of adventurous tales and legends. They also play host to one of the best festivals I have ever attended…The George Street Festival. It is an incredible party that spans several city blocks and includes over 20 pubs within the historic district of St. John's. An unforgettable experience that I have had the pleasure of enjoying several times and know I will take pleasure in again.

DREW SCOTT: WHISTLER, B.C.

Being a Vancouver Boy, Whistler is one of my favourite spots in Canada as it's an outdoor wonderland. In less than 3.5 hours you can be outside in the summer hiking the trails, mountain biking through the paths, or canoeing on The River of Golden Dreams. For winter fun you'll find me on the ski hills, and if my legs get too tired from snow boarding I'll try to take in a movie or two at the Whistler Film Festival.

The Property Brothers

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Drink of the week

Key Lime Smoothie

Treat yourself to a taste of the tropics with this smoothie. Featuring heart-healthy walnuts and chock-full of omega-3s and fibre-rich avocado, this breakfast replacement will give you the fuel you need.

- 1/2 avocado
- 1/2 small banana
- 175 ml (3/4 cup) cold water
- 75 ml (1/3 cup) walnuts, chopped into halves or crumbs
- 75 ml (1/3 cup) low-fat coconut milk
- 30 ml (2 tbsp) honey
- Juice of 1 fresh lime

In a blender or using a hand blender, combine all ingredients and process until smooth, about 1 min.

THE CANADIAN PRESS/ AVOCADOS FROM MEXICO

Harvest sweets

Pumpkin & cranberries are ideal ingredients for fall desserts Try these Pecan Pumpkin Gingerbread Whoopie Pies and Pumpkin Sticky Toffee Puddings

MATTHEW MEAD/ THE ASSOCIATED PRESS

This recipe makes 10 small or 20 large whoopie pies.

Ingredients:

Cakes
- 550 ml (2 1/4 cups) all-purpose flour
- 5 ml (1 tsp) baking powder
- 2 ml (1/2 tsp) baking soda
- 5 ml (1 tsp) salt
- 5 ml (1 tsp) cinnamon
- 10 ml (2 tsp) ginger
- 2 ml (1/2 tsp) cloves
- 2 ml (1/2 tsp) ground allspice
- 125 ml (1/2 cup or 1 stick) unsalted butter, room temp
- 125 ml (1/2 cup) vegetable oil
- 500 ml (2 cups) packed dark brown sugar
- 45 ml (3 tbsp) molasses
- 5 ml (1 tsp) vanilla extract
- Zest of 1 orange
- 30 ml (2 tbsp) minced candied ginger
- 2 eggs
- 1 can (398 ml/14 oz) pumpkin puree

Filling
- 2 pkgs (each 250 g/8 oz) cream cheese
- 250 ml (1 cup) Marshmallow Fluff
- 125 ml (1/2 cup or 1 stick) unsalted butter, room temp
- 125 ml (1/2 cup) packed brown sugar
- 5 ml (1 tsp) vanilla extract
- 250 ml (1 cup) toasted chopped pecans

Preparation:

1. Heat oven to 180 C (350 F). Line 2 large baking sheets with parchment paper.
2. In a bowl, sift flour, baking powder, baking soda, salt, cinnamon, ground ginger, cloves and allspice. Set aside.
3. In bowl of electric mixer, beat butter, oil, brown sugar, molasses and vanilla. Add orange zest, candied ginger and eggs, beat to combine. Beat in pumpkin puree. Stir in flour mixture until thoroughly mixed.
4. Drop dough in mounds (50 ml/1/4 cup for large or 30 ml/2 tbsp for small) onto prepared baking sheets, leaving several centimetres/inches between each for spreading. You should make 20 or 40 cakes, depending on whether you want small or large whoopie pies. Bake for 15 to 20 minutes or until cakes feel slightly firm to the touch. Let fully cool before filling.
5. Filling: In bowl of electric mixer, beat together cream cheese, Fluff, butter, brown sugar and vanilla until smooth. Drop a large spoonful onto flat side of half of the cakes. Use a second cake to top each, pressing flat sides together.
6. Place pecans in a large, wide bowl, then roll edge of each whoopie pie in pecans to coat. Refrigerate in an airtight container.

THE ASSOCIATED PRESS

Pumpkin Sticky Toffee Puddings With Cranberry Caramel

Preparation:

1. Preheat oven to 200 C (400 F). Spray muffin pan with non-stick cooking spray.
2. Puddings: In bowl, whisk flour, baking powder, baking soda, spices and salt. In a separate bowl, whisk butter, brown sugar, pumpkin puree, buttermilk, eggs and vanilla. Add to dry ingredients and stir until combined. Divide batter among muffin cups. Bake until tester comes out clean, about 20 minutes. Let cool in pan before turning out.
3. Sauce: In saucepan, cook sugar over medium-low heat, stirring until melted. Cook caramel, gently swirling pan, until deep golden. Remove from heat and carefully add cream and butter. Return to heat and simmer, stirring, until caramel is dissolved. Remove from heat and stir in dried cranberries.
4. To serve, slice puddings horizontally in half. Pour cranberry caramel sauce between layers. Top with a large spoon of whipped cream and a sprinkle of dried cranberries.

THE CANADIAN PRESS/ LYNN CRAWFORD

Ingredients:

Puddings
- 500 ml (2 cups) all-purpose flour
- 10 ml (2 tsp) baking powder
- 1 ml (1/4 tsp) baking soda
- 5 ml (1 tsp) cinnamon
- 3 ml (3/4 tsp) ground ginger
- 0.5 ml (1/8 tsp) ground allspice
- 0.5 ml (1/8 tsp) ground cloves
- 2 ml (1/2 tsp) salt
- 125 ml (1/2 cup) unsalted butter, melted and cooled
- 175 ml (3/4 cup) packed light brown sugar
- 175 ml (3/4 cup) canned pumpkin puree
- 50 ml (1/4 cup) buttermilk
- 2 large eggs
- 5 ml (1 tsp) vanilla extract
- 125 ml (1/2 cup) dried cranberries

Cranberry Caramel Sauce
- 250 ml (1 cup) sugar
- 45 ml (3 tbsp) heavy cream
- 45 ml (3 tbsp) unsalted butter
- 45 ml (3 tbsp) dried cranberries

Garnish
- 250 ml (1 cup) whipped cream
- 50 ml (1/4 cup) dried cranberries

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Over-the-top $16 muffins

Report says the U.S. government spent $16 a pop on muffins Wonder how such a pricey treat would taste?

Recent news that the U.S. government supposedly paid $16 apiece for breakfast muffins set off spending critics.

Hilton Worldwide, the hotel company that hosted the 2009 confab in Washington, disputes the accuracy of the claim in a report by the Justice Department's inspector general. The hotel explained the price included drinks and gratuity charges, in addition to the muffins. The IG stands by the report.

Which all kind of misses the most compelling issues. If you did spend $16 on a muffin, what would it look like? How would it taste? Is it even possible?

The typical muffin baked in an institutional setting costs about 50 cents, not counting labour.

The Associated Press searched for ways to bump up the price of your basic muffin. The end result was anything but basic. Getting the price-per-muffin that high was hard.

The first steps — organic flour, sugar and milk, cultured butter, sea salt and free-range eggs. Then, a rare honey imported from Zambia helped, as did macadamia nuts and Tahitian vanilla beans.

But in the end, the only way to get to $16 was to reach for some old-fashioned booze and gold. The result? A rather stunning and intense muffin that would cost a mere $192 per dozen (not counting labour) — or $16 each.

MATTHEW MEAD/ THE ASSOCIATED PRESS

▶ This recipe makes 12 muffins.

Ingredients:

- 625 ml (2 1/2 cups) organic all-purpose flour
- 15 ml (1 tbsp) baking powder
- 2 ml (1/2 tsp) sea salt
- 90 ml (6 tbsp or 3/4 stick) unsalted cultured butter
- 125 ml (1/2 cup) maple sugar
- 125 ml (1/2 cup) imported honey (the rarer the better)
- Seeds scraped from 2 Tahitian vanilla beans
- 2 free-range organic eggs
- 125 ml (1/2 cup) organic milk
- 500 ml (2 cups) chopped dried strawberries (soaked in boiling water for 10 minutes, then drained)
- 250 ml (1 cup) chopped macadamia nuts, toasted

Topping

- 500 ml (2 cups) top-shelf Scotch whisky
- 500 g (1 lb) high-end, organic dark chocolate, chopped, divided
- 30 ml (2 tbsp) unsalted cultured butter
- 30 ml (2 tbsp) imported honey (the bigger the carbon footprint, the better)
- 5 ml (1 tsp) canola or vegetable oil
- 12 fresh strawberries
- 250 ml (1 cup) chopped macadamia nuts, toasted
- 50 ml (1/4 cup) gold leaf flakes, loosely packed

Preparation:

1. Heat oven to 190 C (375 F). Line 12 muffin tins with muffin cups.
2. In bowl, sift together flour, baking powder and sea salt. Set aside.
3. In bowl of electric mixer, cream together butter, maple sugar, honey and vanilla seeds until light and fluffy. Add eggs, one at a time, scraping bowl between additions. Add half flour mix, then milk, then remaining flour mixture, beating and scraping bowl between each addition.
4. By hand, stir in dried strawberries and macadamia nuts. Spoon mix into lined muffin tins. Bake for 25 mins or until golden brown and a toothpick inserted at the centre comes out clean. Let cool 5 mins, then transfer to a wire rack to finish cooling.
5. While muffins bake, prepare topping. In skillet, heat Scotch whisky (be careful, it will flame). Bring to a gentle simmer and reduce to 125 ml (1/2 cup).
6. In heat-safe bowl, place half of chocolate, butter and honey. Pour hot reduced liquor over chocolate. Let sit 2 mins, stir until smooth and glossy. Set aside.
7. Line baking sheet with waxed paper. In microwave-safe bowl, combine remaining chocolate with oil. Microwave on high in 15-second bursts, stirring between, until melted. One at a time, dunk each strawberry into chocolate, covering about three-quarters. Set on waxed paper, then refrigerate few mins to harden.
8. Once muffins cool, spoon glaze over top of each, spreading to coat top surface. Sprinkle macadamia nuts around outer edge, then sprinkle gold leaf over centre surface. Top each with a chocolate-covered strawberry. **THE ASSOCIATED PRESS/ ALISON LADMAN**

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Discover a juicy twist on beef burgers

These juicy beef burgers are packed with portobello mushrooms and melted Gruyère cheese. The mushrooms add so much flavour and moisture that you can use lean or extra-lean beef without sacrificing a thing.

Serve on a soft ciabatta bun or between slices of toasted sourdough bread, brushed with olive oil.

Preparation:

1. To make aioli, combine garlic and mayonnaise in a bowl. Set aside until ready to serve.
2. Roughly chop portobello mushrooms and onion. Place in the bowl of a food processor. Pulse until minced.
3. In bowl, combine mushroom mixture with ground beef. Add Worcestershire sauce, cheese and a dash of salt and pepper. Stir well to combine and form into 8 burgers.
4. Cook burgers in a preheated pan or on the grill over medium-high heat, for about 10 minutes (depending on the thickness of the burgers), flipping once. When burgers are cooked, they should have an internal temperature of 71 C (160 F) and should no longer be pink inside.
5. Top each with a slice of cheese, if desired, and cover pan or lower grill lid until cheese melts.
6. Serve each burger on a bun, topped, as desired, with arugula, red onion, tomato and garlic aioli.

MUSHROOMS CANADA/ THE CANADIAN PRESS

Ingredients:

- 3 to 4 portobello mushrooms
- 1 small onion
- 500 g (1 lb) lean ground beef
- 10 ml (2 tsp) Worcestershire sauce
- 250 ml (1 cup) shredded Gruyère cheese, plus 8 thin slices for topping, if desired
- Salt and pepper, to taste

Garnish

- Arugula
- Thinly sliced red onion
- Sliced tomato (optional)

Garlic Aioli

- 1 garlic clove, finely minced
- 60 ml (4 tbsp) mayonnaise

THE CANADIAN PRESS

Miso soup gets mushroom treatment

MATTHEW MEAD/ THE ASSOCIATED PRESS

▶ Miso soup is a great appetizer for sushi.

There are a couple of tricks that make this soup great — and great for your weight. The soup is thick, but won't thicken your waistline the way most creamy mushroom soups will. That's because used are unctuous mushrooms, steeped to pull out flavour.

Preparation:

1. In saucepan, combine chicken broth, water and dried shiitakes. Bring to boil, then immediately turn off, cover pan and let sit for 10 minutes to reconstitute mushrooms.
2. Use slotted spoon to remove mushrooms from liquid. Cut off and discard tough stems, then chop into chunks.
3. Return saucepan of broth to medium heat. Whisk in miso and soy sauce, then add reconstituted and fresh mushrooms. Bring to simmer, cover pot, let sit 5 mins.
4. Remove cover and bring soup back to simmer. Season with pepper, then ladle into bowls. Top each serving with scallions. THE ASSOCIATED PRESS/ ROCCO DISPIRITO

Ingredients:

- 1 L (1 quart) fat-free, reduced sodium chicken broth
- 250 ml (1 cup) water
- 37 grams (1 1/4 oz) dried shiitake mushrooms
- 23 ml (1 1/2 tbsp) miso paste
- 15 ml (1 tbsp) low-sodium soy sauce
- 280 grams (10 oz) mixed fresh mushrooms, such as shiitake, oyster and cremini
- Ground black pepper, to taste
- 3 to 4 scallions, sliced

Miso Tip

Varieties

Generally, the lighter the colour, the more mild the flavour. White miso is the most common, but feel free to experiment with varities to find a flavour you prefer. Also, try mixing them. White and great work well.

18 minutes to a better me

In his new book, author Peter Bregman explains how to avoid the 'golden ring of procrastination,' find your focus and get things done — in only 18 minutes a day

MEREDITH ENGEL
LIFE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

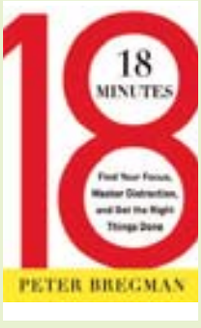
Many of us have had days when 5 p.m. rolls around and we have little to show for it.

In his new book, 18 Minutes: Find Your Focus, Master Distraction, and Get the Right Things Done, management consultant Peter Bregman teaches that it's not about tackling everything on our plate — it's about choosing what to put our energy into.

"We love to procrastinate, and distraction is the golden ring of procrastination because we think we are getting things done," he says.

"We are answering 40 emails and we think we have been incredibly productive until we stop and say, 'Did I really need to answer all of those emails?' In a world that will take what it can from us, we need to be more strategic than ever about what we want to give it."

His 18-minute plan can help you figure out how to best manage your workday.



"In a world that will take what it can from us, we need to be more strategic than ever about what we want to give it."
PETER BREGMAN, MANAGEMENT CONSULTANT

Take five minutes in the morning:
"The five minutes in the morning is to get centred and ask yourself, 'What is it that I most want to accomplish today?' I transfer those things onto my calendar.

There is a tremendous amount of evidence that points to the fact that if you decide when and where you are going to do something, you'll do it. If you just say, 'I am going to do it sometime today,' you won't end up doing it. So there I am really deciding what I want to get done and where I am going to do it."

Take one minute every hour:
"Every hour I stop for one minute and ask myself two questions: 'Am I spending my time in the right way right now?' And: 'Am I being who I most want to be right now?'

"Those two questions end up being this fantastic productive interruption. Those questions will bring me back to 'What is that I am trying to accomplish for the day?'"

Take five minutes at the end of the day:
"At the end of the day I spend five minutes and ask myself, 'What did I learn from today? What worked, what didn't work?'

"Then also, who I want to ask a question to, who I want to update, who I want to thank for something they did to me. I think of these as my learning minutes and my gratitude minutes."

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Your profession may be harmful to your health

Certain workers are linked to higher smoking rates

Construction workers, miners and food service workers top the list of occupations that smoke the most, according to a new U.S. government report. Experts say it might have as much to do with lower education levels as the jobs themselves.

"There may be other characteristics that are clustering in these industries," said Dr. Tim McAfee, director of the Office on Smoking and Health at the Centers for Disease Control and Prevention.

Traits linked to higher smoking rates and seen in employees in these industries include being younger, having fewer years of education and making less money.

Also, some people who work outdoors are less likely to face the kind of indoor smoking bans seen in white-collar workplaces such as schools, hospitals and office buildings, McAfee said.

The CDC study found 19.6 per cent of working adults smoke, but as many as 30 per cent in the mining, construction and food service industries smoke. Librarians and teachers smoked the least, at less than nine per cent.

For decades, the biggest smokers by profession have been roofers, drywall installers, brick and stone masons and other workers in construction trades.

But health officials have warned construction workers may be at elevated risk from smoking, especially if they are exposed to asbestos.

Studies have shown that people who work with asbestos are more likely to develop lung cancer if they also smoke.

THE ASSOCIATED PRESS

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The truth about lying on your resumé

- Many applicants stretch the truth on their resumés
- Here's why that may not be such a good idea

MONICA WEYMOUTH
LIFE@METRONEWS.CA
METRO WORLD NEWS IN PHILADELPHIA

Resumés are tricky documents. While you need to make your skills and experience sound impressive, there's a fine line between fancy wordplay and misrepresentation.

And it's a line plenty of us cross, according to a new study by staffing service OfficeTeam: Of the more than 1,000 managers surveyed, 36 per cent report that job applicants "somewhat often" include inaccurate information on their resumés.

While many candidates attempt to stretch the duration of a past job or misrepresent their levels of education, some of the other common inaccuracies aren't intentionally deceitful, says Daryl Pigat, OfficeTeam's Wall Street market manager.

"A lot of times with software, they'll think, 'I've worked in Photoshop a million years ago, so I can put that on.' But it fact, they're useless," he says. "It's easy to sit in your room, type up a document and send it out with this mis-truth on there. But in person, it's a lot harder to defend."

Managers who see a lot of resumés can easily spot a suspicious entry, so it's likely you'll never have the chance to explain your Photoshop bluff in person. But if you do, it's best to admit your shortcomings.

Red flags

These missteps will make your resumé stand out in all the wrong ways:

- **Missing dates.** If you leave off the months of employment at your previous jobs, hiring managers will wonder what you're hiding.
- **Not stating degrees.** This, says Pigat, is a classic way to not lie about having a degree, but still include the name of the school and infer a diploma.
- **Murky phrases such as "familiar with" or "exposure to."** If this is the best way to describe a skill or experience, it's not significant enough to include on your resumé.

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Enhance your education with co-op experience

STUDENT VOICE

MANWAR KHAN
TALENTEGG.CA

I graduated from the University of Lethbridge with a BSc in computer science. The IT job market is a dog-eat-dog world and I always knew that a simple BSc degree would not be enough to get my foot in the door, which is why I decided to enhance my degree with co-op experience.

A university education teaches you theory, whereas a co-op lets you apply those theories to the real world. I contacted the U of L career centre, researched potential employers and applied to the positions that appealed to me.

I completed a 12-month co-op work term with the Government of Alberta as a project assistant for the Ministry of Employment and Immigration.

Throughout my work term, I was pleasantly surprised with the challenging work and the level of responsibility I was given. My colleagues valued the work I did and my supervisor always encouraged me to take advantage of any learning opportunities.

This co-op experience added significant value to my university studies and gave me a head start in my career. A co-op work-term often serves as a "test drive" for both employers and students to evaluate if they're suitable for employment upon graduation.

My advice to fellow students and recent graduates is to look for a position that offers you an opportunity for learning and advancement. Research the employer you want to work for so you are able to articulate what you can bring to the table and what you hope to achieve from the experience.

My advice to schools and career centres is to increase awareness of co-op. Employers should provide co-op students with more responsibilities that are relevant to their field of study. In order to do that, employers should plan the experience in advance so that, whenever possible, levels of difficulty and responsibility increase as the student develops new skills. With a little bit of responsibility, a confident and enthusiastic student can make a difference.

What I learned

Key take-aways from Manwar's experience:

- **Research employers** to find out which ones offer what you're looking for, whether it's training, mentorship, lots of responsibility — or all of the above.
- **Test drive** employers during co-op terms and internships to see if you like them (and if they like you).
- **Try to work** in a variety of industries and organizations to find out what kind of work you enjoy doing.

SUBMITTED

▶ Manwar Khan

Where I am now

During my last semester, I received a job offer from a major energy company as an IT analyst.

But that was not my dream job. Ever since my co-op work term with the Government of Alberta, I've wanted to work in the public sector. So when the Ministry of Employment and Immigration office offered me a position as a business analyst a year later, I seized the opportunity. I provide consulting and project leadership services in order to meet business needs.

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4 sports

MIKE CARLSON/THE ASSOCIATED PRESS

▶ The Rangers celebrate their American League Division Series win over the Rays yesterday in St. Petersburg, Fla.

Rays' luck expires

Tampa Bay's Cinderella season fizzles with loss to defending AL champions Beltre carries Rangers with historic day at the dish

4	3
RANGERS	RAYS

This is what Adrian Beltre envisioned when he signed with Texas in the off-season. Balls jumping off his bat in October, the Rangers making another run for the pennant.

Beltre hit three straight home runs and the defending AL champions advanced again, beating the Tampa Bay Rays 4-3 in Game 4 yesterday to win their playoff matchup.

Beltre put on a show that few others have matched, helping Texas take the best-of-five series and ending the Rays' remarkable run to the wild-card spot. Tampa Bay overcame a nine-game deficit against the Boston Red Sox in the wild-card standings in September.

"From my point of view, Texas gave me the best chance to put a ring on my finger," Beltre said. "And I am just two steps away from it. Hopefully that happens."

Ian Kinsler led off the game for Texas by homering on the second pitch from rookie Jeremy Hellickson.

Beltre came into the game in a 1-for-11 slump before breaking loose for maybe his best day as a pro.

"I think besides my first big league hit, this is right up there," said the slugger, who spent last season with the Red Sox.

Beltre became just the seventh player to homer three times in a post-season game, and the first since Adam Kennedy of the Angels in 2002.

Beltre connected in his first three at-bats. Given a chance to tie the big-league record of four homers in a game, he hit a routine fly-out in the eighth.

Neftali Feliz gave up a run in the ninth inning before closing for his third save of the series, preserving the victory for Matt Harrison.

Beltre hit solo shots off Hellickson in the second and fourth innings, and added another solo drive against Matt Moore in the seventh.

Sean Rodriguez scored all three runs for the Rays. He drew a one-out walk and scored on Casey Kotchman's single in the ninth, but Feliz retired the next two batters.

THE ASSOCIATED PRESS

Pinch-hit home run gives Phillies series lead

3	2
PHILLIES	CARDINALS

Pinch-hitter Ben Francisco and closer Ryan Madson made manager Charlie Manuel's moves look smart, and the Philadelphia Phillies held off the St. Louis Cardinals 3-2 yesterday for a 2-1 lead in their NL playoff series.

Francisco batted for pitcher Cole Hamels and broke a scoreless game with a three-run homer in the seventh inning.

Madson earned his first multi-inning save of the year. He came in and got Allen Craig to sharply ground into a double play with the bases loaded to escape in the eighth, then worked around Yadier Molina's RBI single in the ninth.

The Phillies can finish off the wild-card Cardinals in Game 4 today, with Roy Oswalt opposing Edwin Jackson. Francisco's shot off Cardinals starter Jaime Garcia was only his second hit in 19 at-bats in the post-season.

"I knew the way the game was going I was probably going to be in there to pinch-hit off a lefty," Francisco said. "I was just trying to get a hit up the middle and he left one up and luckily it got out of here."

THE ASSOCIATED PRESS

Quoted

"He (Raonic) is a dangerous player for me in the second round. He has one of the biggest serves on the tour."

RAFAEL NADAL, WHO WILL FACE THORNHILL'S MILOS RAONIC IN THE SECOND ROUND AT THE JAPAN OPEN IN TOKYO. RAONIC BEAT JAPANESE WILD CARD YUICHI SUGITA 6-7 (4), 6-3, 7-6 (1) YESTERDAY IN HIS FIRST ATP WORLD TOUR MATCH SINCE INJURING HIS HIP IN A FALL AT WIMBLEDON IN JUNE.

NBA pre-season cancelled as labour talks fail

NBA commissioner David Stern floated it as an idea more than a firm proposal: a 50-50 revenue split.

Even so, the union's reply was unequivocal.

"They said, 'We can't do it,'" according to Stern.

The NBA shelved the rest of its pre-season schedule yesterday and will wipe out two weeks of the regular-season if there is no labour agreement by Monday.

"We were not able to make the progress that we hoped we could make and we were not able to continue the negotiations," Stern said after nearly four hours of talks between owners and players ended without gaining ground on a new deal. No further meetings are scheduled, making it even more likely the league will lose games.

Stern and deputy commissioner Adam Silver said owners offered players a 50-50 split of basketball-related income. That's below the 57 per cent that players were guaranteed under the previous agreement, but more than the 47 per cent union officials said was formally proposed to them.

THE ASSOCIATED PRESS

BEBETO MATTHEWS/THE ASSOCIATED PRESS

▶ NBA Commissioner David Stern, right, listens as deputy commissioner Adam Silver speaks during a news conference following NBA labour talks yesterday.

Scan code for more sports.

ANDREW FRANCIS WALLACE/TORSTAR NEWS SERVICE

▶ Tim Connolly skates during the first period of pre-season action against the Philadelphia Flyers on Sept. 20.

Connolly uncertain for opener

‘I’ll remain cautiously optimistic,’ says Leafs coach Ron Wilson

Leafs centre Tim Connolly pronounced himself “day to day” at practice yesterday, which means his playing status for tomorrow’s season opener against Montreal is uncertain.

That same uncertainty extends to winger Joey Crabb, who cleared waivers yesterday but remained with the Leafs camp instead of returning to the Marlies.

At the moment, Crabb’s status appears to be tied to Connolly. If the centre, who is nursing an upper body injury, is able to play tomorrow, it’s likely Crabb returns to the minors, or becomes a healthy scratch.

Leafs coach Ron Wilson left the impression yesterday that his scoring line with Phil Kessel and Joffrey Lupul will be without Connolly.

“He told me he was doubtful after practice (today).” said Wilson.

That plan appears to be Crabb, who was one of three players (Darryl Boyce and Matt Lashoff) placed on waivers, but the only one to remain with the Leafs.

Crabb filled in the wing spot on the third line yesterday with Phillipe Dupuis and Colby Armstrong.

Leafs transaction

The Toronto Maple Leafs acquired centre David Steckel from the New Jersey Devils yesterday.

- New Jersey will receive Toronto’s fourth-round draft pick in the 2012 NHL Entry Draft in exchange for the 29-year-old forward.
- The Milwaukee native had 24 goals and 35 assists in 309 games with the Washington Capitals and Devils.

The Leafs have had to start the season undermanned due to injuries to Connolly and Nazem Kadri. Other players like Tyler Bozak, Kessel, Matt Lombardi, are either nursing very minor injuries, or recovering from major layoffs.

That situation has opened the door for Crabb to fill in a roster spot. For how long remains a question mark.

“They told me I’m in for now and that’s all I know,” Crabb said. “It’s tough going through the process (waivers) but I’ll go with whatever they want from me. I’m happy with any role.” **TORSTAR NEWS SERVICE**

Opening week brings optimism

THE HOCKEY NEWS

ADAM PROTEAU
TORONTO@METRONEWS.CA

For puck fans, there really is no time like the first week of a new hockey season. The rest of the year, there’s pressure, soul-crushing happenstance, and, especially in Toronto the last few seasons, bitter disappointment.

But not at this point in time. Sure, given that the Buds haven’t played a post-season game since 2004, there’s reason for skepticism. However, right now, there should only be optimism in the heart of every long-suffering Maple Leafs fan.

Right now, Leafs fans are well within their rights to believe fully and completely in James Reimer, the sophomore goalie and out-of-nowhere star of Toronto’s late-season surge in 2010-11. Reimer will have even more pressure on him this year, but he demonstrated enough mental toughness to deserve the benefit of the doubt.

ADRIAN WYLD/THE CANADIAN PRESS

▶ Toronto Maple Leafs netminder James Reimer

Right now, it’s perfectly acceptable to take GM Brian Burke at his word when he says Toronto’s defence corps is better than the one the organization trotted out last season. Tissue-soft D-men Tomas Kaberle and Brett Lebda are gone — and in their place, former Avalanche blueliner John-Michael Liles and promising youngsters Cody Franson and Jake Gardiner represent a significant upgrade.

The same goes for Toronto’s forwards: Burke acquired veteran centers Tim Connolly and Matthew Lombardi to a unit that hasn’t really lost anyone of significance. The two newcomers have had their share of concussion-related health issues — and core players Phil Kessel, Mikhail Grabovski and Nikolai Kulemin will have to match their output from last season — but on paper, is this group deeper, more experienced and more talented? Without a doubt.

Is there a chance everything goes wrong for the Leafs and they miss the playoffs yet again? Of course there is. But you could say the same for about 95 percent of the NHL’s franchises. The injury bug is cruel and unpredictable and its bites can derail even the most talented squads.

But right now, fan pessimism is to be sneered at, regardless of the team you root for. So if some cynical and crusty Leafs lifer tries to rain on your parade, pay them no mind. The start of the season has nothing to do with clouds and everything to do with silver linings.

And who knows — this might just be the first season in a long while that everything goes right in Toronto for a change. Hoping with all your heart that turns out to be true is what fandom is all about.

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MAJOR LEAGUE BASEBALL PLAYOFFS

DIVISION SERIES

All times Eastern
(Best-of-5 series)

AMERICAN LEAGUE

N.Y. YANKEES (E) VS. DETROIT (C)
(Detroit leads 2-1)
Last night's result
N.Y. Yankees at Detroit
Monday's result
Detroit 5 N.Y. Yankees 4
Tomorrow's game
x-Detroit at N.Y. Yankees, 8:07 p.m.
TEXAS (W) VS. TAMPA BAY (WC)
(Texas wins 3-1)
Yesterday's game
Texas 4 Tampa Bay 3
Monday's result
Texas 4 Tampa Bay 3

NATIONAL LEAGUE

PHILADELPHIA (E) VS. ST. LOUIS (WC)
(Philadelphia leads 2-1)
Yesterday's result
Philadelphia 3 St. Louis 2
Sunday's result
St. Louis 5 Philadelphia 4
Tonight's game
Philadelphia (Oswalt 9-10) at St. Louis (Jackson 12-9), 6:07 or 8:07 p.m.
Friday's game
x-St. Louis at Philadelphia, 5:07 or 8:07 p.m.
MILWAUKEE (C) VS. ARIZONA (W)
(Milwaukee leads 2-0)
Last night's result
Milwaukee at Arizona
Tonight's game
x-Milwaukee (Wolf 13-10) at Arizona (Saunders 12-13), 8:07 or 9:37 p.m.
Friday's game
x-Arizona at Milwaukee, 5:07 or 8:07 p.m.
x — if necessary.

RANGERS 4, RAYS 3

Texas	ab	r	h	bi	Tampa Bay	ab	r	h	bi
Kinsler 2b	4	1	1	1	Jnnngs lf	4	0	1	0
Andrus ss	3	0	0	0	BUpton cf	4	0	0	0
JHmltn cf-lf	4	0	0	0	Longori 3b	4	0	0	0
MiYong dh	3	0	0	0	Zobrist 2b	4	0	1	0
ABeltre 3b	4	3	3	3	Damon dh	4	0	0	0
Napoli c	4	0	1	0	Shppch c	3	0	1	0
N.Cruz rf	4	0	0	0	Fuld ph	1	0	0	0
DvMrp lf	3	0	1	0	SRdrgz ss	2	3	1	0
Gentry pr-cf	0	0	0	0	Ktchm 1b	4	0	2	2
Morlnd 1b	3	0	0	0	EJhnsn pr	0	0	0	0
Joyce rf	4	0	1	1					
Totals	**32**	**4**	**6**	**4**	**Totals**		**34**	**3**	**7**	**3**
Texas					**110**	**100**	**100**	**4**
Tampa Bay					**010**	**100**	**001**	**3**

DP—Tampa Bay 1. LOB—Texas 6, Tampa Bay 7. 2B—S.Rodriguez (1), Joyce (1). HR—Kinsler (1), A.Beltre 3 (3).

	IP	H	R	ER	BB	SO
Texas						
M.Harrison W,1-0	5	5	2	2	2	9
D.Holland H,1	1 1-3	1	0	0	0	0
M.Adams H,3	2-3	0	0	0	0	1
Ogando H,3	1	0	0	0	0	1
Feliz S,3-3	1	1	1	1	1	1
Tampa Bay						
Hellickson L,0-1	4	4	3	3	1	1
M.Moore	3	1	1	1	1	2
Jo.Peralta	2-3	0	0	0	2	0
W.Davis	1 1-3	1	0	0	1	1

Umpires—Home, Greg Gibson; First, Brian Gorman; Second, Marvin Hudson; Third, Mark Carlson; Right, Dale Scott; Left, Kerwin Danley.
T—3:05. A—28,299 (34,078).

PHILLIES 3, CARDINALS 2

Philadelphia	ab	r	h	bi	St. Louis	ab	r	h	bi
Rollins ss	4	0	2	0	Furcal ss	5	0	1	0
Utley 2b	4	0	1	0	Craig lf	3	1	0	0
Pence rf	3	0	0	0	Pujols 1b	5	1	4	0
Howard 1b	4	0	0	0	Brkmn rf	4	0	0	0
Victorn cf	4	1	1	0	Freese 3b	5	0	1	1
Mayrry lf	4	0	0	0	YMolin c	5	0	1	1
Polanc 3b	4	0	1	0	Lohse pr	0	0	0	0
Ruiz c	3	1	1	0	Theriot 2b	5	0	4	0
Hamels p	2	0	0	0	Jay cf	1	0	0	0
BFrncs ph	1	1	1	3	Punto ph	1	0	0	0
Worley p	0	0	0	0	Schmkr cf	0	0	0	0
Bastrd p	0	0	0	0	JGarci p	3	0	0	0
Lidge p	0	0	0	0	Salas p	0	0	0	0
Madson p	1	0	0	0	Hollidy ph	1	0	1	0
Chamrs pr	0	0	0	0					
Motte p	0	0	0	0					
Totals	**34**	**3**	**7**	**3**	**Totals**		**38**	**2**	**12**	**2**
Philadelphia					**000**	**000**	**300**	**3**
St. Louis					**000**	**000**	**101**	**2**

DP—Philadelphia 1. LOB—Philadelphia 6, St. Louis 14. 2B—Rollins (3), Pujols 3 (3). HR—B.Francisco (1). SB—Rollins (2), Pujols (1), Berkman (1), Theriot (1).

	IP	H	R	ER	BB	SO
Philadelphia						
Hamels W,1-0	6	5	0	0	3	8
Worley H,1	1	3	1	1	1	0
Bastardo H,1	1-3	0	0	0	0	0
Lidge	0	2	0	0	0	0
Madson S,1-1	1 2-3	2	1	1	0	0
St. Louis						
J.Garcia L,0-1	7	6	3	3	2	3
Salas	1	0	0	0	0	0
Motte	1	1	0	0	0	1

Worley pitched to 1 batter in the 8th.
Lidge pitched to 2 batters in the 8th.
HBP—by Hamels (Berkman). WP—J.Garcia. PB—Y.Molina.
Umpires—Home, Jerry Layne; First, Angel Hernandez; Second, Gary Cederstrom; Third, Chad Fairchild; Right, Jerry Meals; Left, Chris Guccione.
T—3:13. A—46,914 (43,975).

NHL

PRE-SEASON

Yesterday's results
At Helsinki
Anaheim 4 Jokerit 3 (OT)
At Mannheim, Germany
Buffalo 8 Adler Mannheim 3
At Hamburg, Germany
Los Angeles 5 Hamburg 4
Monday's result
At Zug, Switzerland
EV Zug 8 N.Y. Rangers 4

REGULAR SEASON

Tomorrow's games
All times Eastern
Philadelphia at Boston, 7 p.m.
Montreal at Toronto, 7 p.m.
Pittsburgh at Vancouver, 10 p.m.
Friday's games
Anaheim vs. Buffalo at Helsinki, Finland, 1 p.m.
N.Y. Rangers vs. Los Angeles at Stockholm, Sweden, 1 p.m.
Tampa Bay at Carolina, 7 p.m.
Ottawa at Detroit, 7 p.m.
Nashville at Columbus, 7 p.m.
Chicago at Dallas, 8:30 p.m.

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Montreal	13	8	5	0	406	323	16
Winnipeg	13	8	5	0	317	309	16
Hamilton	13	7	6	0	378	356	14
Toronto	13	3	10	0	263	371	6

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Calgary	13	8	5	0	364	348	16
B.C.	13	7	6	0	367	273	14
Edmonton	13	7	6	0	312	317	14
Saskatchewan	13	4	9	0	275	385	8

WEEK 15
Friday's game
All times Eastern
Winnipeg at Hamilton, 7:30 p.m.
Saturday's game
Calgary at B.C., 10 p.m.
Monday, Oct. 10
Toronto at Montreal, 1 p.m.
Saskatchewan at Edmonton, 4:30 p.m.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Kansas City	32	11	9	12	47	40	45
Philadelphia	31	10	7	14	41	34	44
Columbus	32	12	12	8	38	41	44
Houston	32	10	9	13	40	40	43
New York	31	8	7	16	47	42	40
D.C. United	30	9	10	11	46	46	38
Chicago	31	7	8	16	40	40	37
Toronto	32	6	13	13	33	56	31
New England	31	5	14	12	35	51	27

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
x-Los Angeles	31	18	3	10	46	23	64
x-Seattle	31	16	6	9	51	33	57
x-Salt Lake	31	15	10	6	43	32	51
Dallas	31	13	11	7	36	34	46
Colorado	32	11	9	12	42	40	45
Portland	31	11	13	7	38	44	40
Chivas USA	32	8	12	12	40	39	35
San Jose	31	6	11	14	33	40	32
Vancouver	30	4	16	10	29	50	22

x — Clinched playoff berth.
Note: Three points for a win, one for a tie.
Last night's result
Los Angeles at New York
Tomorrow's game
All times Eastern
Salt Lake at Vancouver, 9:30 p.m.
Saturday's games
San Jose at New England, 7:30 p.m.
Philadelphia at Seattle FC, 10 p.m.
Wednesday, Oct. 12
FC Dallas at Chicago, 8:30 p.m.
D.C. United at Vancouver, 10 p.m.
Friday, Oct. 14
Houston at Portland, 10:30 p.m.
Real Salt Lake at Colorado, 10:30 p.m.
Saturday, Oct. 15
New York at Sporting Kansas City, 4 p.m.
Toronto FC at Philadelphia, 4 p.m.
Columbus at New England, 7:30 p.m.
Chicago at D.C. United, 7:30 p.m.
Vancouver at FC Dallas, 8:30 p.m.
San Jose at Seattle FC, 10:30 p.m.
Sunday, Oct. 16
Chivas USA at Los Angeles, 9 p.m.

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Buffalo	3	1	0	.750	133	96
New England	3	1	0	.750	135	98
N.Y. Jets	2	2	0	.500	100	95
Miami	0	4	0	.000	69	104

SOUTH

	W	L	T	Pct	PF	PA
Houston	3	1	0	.750	107	70
Tennessee	3	1	0	.750	88	56
Jacksonville	1	3	0	.250	39	85
Indianapolis	0	4	0	.000	63	108

NORTH

	W	L	T	Pct	PF	PA
Baltimore	3	1	0	.750	119	57
Cincinnati	2	2	0	.500	80	74
Cleveland	2	2	0	.500	74	93
Pittsburgh	2	2	0	.500	64	72

WEST

	W	L	T	Pct	PF	PA
San Diego	3	1	0	.750	91	85
Oakland	2	2	0	.500	111	113
Denver	1	3	0	.250	81	111
Kansas City	1	3	0	.250	49	126

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Washington	3	1	0	.750	83	63
N.Y. Giants	3	1	0	.750	102	87
Dallas	2	2	0	.500	99	101
Philadelphia	1	3	0	.250	101	101

SOUTH

	W	L	T	Pct	PF	PA
New Orleans	3	1	0	.750	127	98
Tampa Bay	3	1	0	.750	84	77
Atlanta	2	2	0	.500	90	105
Carolina	1	3	0	.250	89	102

NORTH

	W	L	T	Pct	PF	PA
Green Bay	4	0	0	1.000	148	97
Detroit	4	0	0	1.000	135	76
Chicago	2	2	0	.500	94	98
Minnesota	0	4	0	.000	77	96

WEST

	W	L	T	Pct	PF	PA
San Francisco	3	1	0	.750	94	75
Seattle	1	3	0	.250	58	97
Arizona	1	3	0	.250	86	87
St. Louis	0	4	0	.000	46	113

Monday's result
Tampa Bay 24 Indianapolis 17
WEEK FIVE
Sunday's games
Arizona at Minnesota, 1 p.m.
Oakland at Houston, 1 p.m.
Kansas City at Indianapolis, 1 p.m.
Philadelphia at Buffalo, 1 p.m.
New Orleans at Carolina, 1 p.m.
Cincinnati at Jacksonville, 1 p.m.
Tennessee at Pittsburgh, 1 p.m.
Seattle at N.Y. Giants, 1 p.m.
Tampa Bay at San Francisco, 4:05 p.m.
San Diego at Denver, 4:15 p.m.
N.Y. Jets at New England, 4:15 p.m.
Green Bay at Atlanta, 8:20 p.m.
Open: Baltimore, Cleveland, Dallas, Miami, St. Louis, Washington
Monday, Oct. 10
Chicago at Detroit, 8:30 p.m.

TENNIS

ATP

RAKUTEN JAPAN OPEN

At Tokyo
Singles — First Round
Milos Raonic, Thornhill, Ont., def. Yuichi Sugita, Japan, 6-7 (4), 6-3, 7-6 (1).
Rafael Nadal (1), Spain, def. Go Soeda, Japan, 6-3, 6-2.
David Ferrer (3), Spain, def. Kei Nishikori, Japan, 6-4, 6-3.
Bernard Tomic, Australia def. Viktor Troicki (5), Serbia, 7-6 (6), 7-6 (1).
Ivan Dodig, Croatia def. Juan Monaco (8), Argentina, 6-2, 2-6, 7-6 (1).
Ernests Gulbis, Latvia, def. Lukasz Kubot, Poland, 6-3, 3-6, 7-5.
Alex Bogomolov, Jr., U.S., def. Jarkko Nieminen, Finland, 6-4, 6-4.
David Nalbandian, Argentina, def. Lukas Rosol, Czech Republic, 6-1, 6-1.
Tatsuma Ito, Japan, def. Dudi Sela, Israel, 6-4, 3-6, 6-3.
Santiago Giraldo, Colombia, def. Robin Haase, Netherlands, 6-3, 7-6 (5).
Doubles — First Round
Andy and Jamie Murray, Britain, def. Pablo Andujar, Spain, and **Milos Raonic, Thornhill, Ont.,** 7-5, 6-7 (2), 10-6 (tiebreak).

ATP-WTA

CHINA OPEN

At Beijing
Men's Singles — First Round
Jo-Wilfried Tsonga (1), France, def. Grigor Dimitrov, Bulgaria, 7-6 (5), 7-5.
Tomas Berdych (3), Czech Republic, def. Jurgen Melzer, Austria, 7-5, 7-5.
Mikhail Youzhny, Russia, def. Nicolas Almagro (4), Spain, 6-3, 6-2.
Marcel Granollers, Spain def. Gilles Simon (5), France, 6-2, 6-1.
Zhang Ze, China, def. Li Zhe, China, 6-1, 6-3.
Albert Montanes, Spain def. Paul Capdeville, Chile, 6-3, 6-3.
Philipp Kohlschreiber, Germany, def. Tommy Robredo, Spain, 6-3, 7-6 (0).
Fabio Fognini, Italy, def. Grega Zemlja, Slovenia, 6-4, 6-1.
Ivan Ljubicic, Croatia, def. Teymuraz Gabashvili, Russia, 7-5, 7-5.
Juan Carlos Ferrero, Spain, def. Thomaz Bellucci, Brazil, 6-1, 7-6 (4).
Women's Singles — Second Round
Caroline Wozniacki (1), Denmark, vs. Jarmila Gajdosova, Australia, 6-2, 6-3.
Vera Zvonareva (3), Russia, def. Klara Zakopalova, Czech Republic, 6-3, 4-6, 6-2.
Maria Kirilenko, Russia, def. Sam Stosur (6), Australia, 7-5, 1-6, 7-5.
Marion Bartoli (8), France, def. Christina McHale, U.S., 6-2, 6-1.
Carla Suarez Navarro, Spain, def. Andrea Petkovic (9), Germany, 6-4, 6-4.
Virginie Razzano, France, def. Roberta Vinci (15), Italy, 7-6 (7), 6-0.
Anastasia Pavlyuchenkova, Russia, def. Maria Jose Martinez Sanchez, Spain, 6-2, 6-3.
Flavia Pennetta, Italy, def. Daniela Hantuchova, Slovakia, 6-2, 6-1.

TRANSACTIONS

BASEBALL

MLB—Fined St. Louis manager for criticizing an umpire in a televised interview during Sun. night's game. Suspended free agent minor league OF Timo Perez, Oakland minor league OF Mitchell LeVier, free agent minor league C Oscar Rodriguez & free agent minor league RHP Kelvin Santana 50 games for violating the minor league drug program.

AMERICAN LEAGUE

K.C. ROYALS—Announced strength & conditioning coach Ty Hill won't return next season. Named Ryan Stoneberg strength & conditioning coach.

NATIONAL LEAGUE

L.A. DODGERS—Declined 2012 club options on 3B Casey Blake & RHP Jon Garland. Sent INF-OF Eugenio Velez outright to Albuquerque (PCL).

FOOTBALL

NFL

MINNESOTA VIKINGS—Signed FB Ryan D'Imperio from practice squad. Waived TE Allen Reisner.
NEW ENGLAND PATRIOTS—Signed S Ross Ventrone to the practice squad.
SAN FRANCISCO 49ERS—Placed DT Will Tukuafu on the injured reserve list. Signed S Colin Jones from the practice squad, Signed WR John Matthews to the practice squad.
SEATTLE SEAHAWKS—Released FB Eddie Williams. Placed LB Matt McCoy on injured reserve. Signed LB Jameson Konz from the practice squad and LB David Vobora.

HOCKEY

NHL

LEAGUE OFFICE—Named Dan Marr director of central scouting.
BUFFALO SABRES—Signed D Matt MacKenzie to a three-year, entry-level contract.
CHICAGO BLACKHAWKS—Signed vice president-general manager Stan Bowman to 3-yr contract extension through 2015-16 season. Assigned F Jeremy Morin to Rockford (AHL). Agreed to terms with F Brandon Saad on 3-yr contract.
COLUMBUS BLUE JACKETS—Assigned F Ryan Russell to Springfield (AHL).
DETROIT RED WINGS—Assigned G Joey MacDonald, F Chris Conner, D Garnet Exelby, D Logan Pyett & D Doug Janik to Grand Rapids (AHL).
NASHVILLE PREDATORS—Assigned F Kyle Wilson to Milwaukee (AHL).
NEW JERSEY DEVILS—Traded C David Steckel to Toronto for a 2012 fourth-round draft pick. Reached an affiliate agreement with Kalamazoo (ECHL) for the 2011-12 season.
N.Y. ISLANDERS—Agreed to terms with C Ryan Strome on a 3-yr, entry-level contract.
TAMPA BAY LIGHTNING—Assigned F Dana Tyrell to Norfolk (AHL). Placed D Mattias Ohlund on injured reserve.
VANCOUVER CANUCKS—Claimed RW Dale Weise off waivers from the N.Y. Rangers.

LACROSSE

MLL

DENVER OUTLAWS—Named Tony Seaman general manager.

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Engine

Toyota is sticking with the familiar 106-horsepower 1.5-litre four-cylinder and five-speed manual transmission.

The optional four-speed-automatic is lighter than before and features reduced friction, but offers negligible improvement in fuel economy.

The Yaris's current 7.0 l/100 km city and 5.7 highway rating with the four-speed automatic is nowhere near category leading, but a gasoline-electric hybrid that's apparently being readied for a 2012-calendar-year introduction could elevate the Yaris to the head of the pack.

More cargo space

Overall length has been increased by about 7.5 centimetres, with much of that stretch occurring between the front and rear wheels where it aids passenger and cargo volume, the latter increased by up to 68 per cent, according to Toyota.

Despite the size adjustment, the car's 1,045-kilogram weight remains about the same.

Base model

Toyota has yet to release final content specs, but base models are traditionally only available as two-door hatchbacks and stick to the basics. This model also features a one-piece folding rear bench while a 60:40 split-folding seat is standard in other trims.

Air conditioning is normally included as part of an upgrade package, along with power door locks, remote keyless entry and a four-speaker audio system. You can also expect a sport package in the lineup.

▶ The new Yaris might have less of a wow factor than cars such as the new Hyundai Accent, but the Yaris's style is practically without flaw. Others have developed more modern powertrains, however, which seems out of step for Toyota, which is normally seen as the natural leader.

Toyota's old dog still barks

MALCOLM GUNN
DRIVE@METRONEWS.CA
WHEELBASE MEDIA

It used to be that picking a small car was pretty easy: there just weren't that many candidates, plain and simple.

Now it's like trying to pick a puppy from the pound. There are plenty of cute choices with all kinds of bark and sass, and more keep arriving every day it seems.

In that respect, the Yaris was more of an old dog than a young pup, but the upgrades for the 2012 model year at least keep it fresh enough to belong with newcomers such as the Mazda2, Hyundai Accent, Chevy Sonic and Ford Fiesta.

The first-generation Yaris that lasted for five model years wasn't the liveliest runner on the track, but a roomy interior and low price kept it on the front burner. As well, the tiny Toyota could be had in two or four-door hatchback body styles, as well as a four-door sedan.

There's no word if a trunk-equipped Yaris will again be built, but both hatches return in slightly enlarged formats.

The upgraded, crisper-looking Yaris will remain among the more popular small-car picks, even as the entire category adds variety at a steady clip.

Indeed the pound is getting bigger and the new pups are getting everyone's attention, but at least the Yaris now has enough bark to be noticed.

▶ Gone is the centre-mounted instrument cluster. The Yaris is updated with gauges more naturally positioned directly in front of the driver, behind the steering wheel.

▶ The split back seat is not available in base models, which means that if you're transporting a ladder in a base car, the whole seatback is forward. That means no rear-passenger option.

Toyota Yaris

What you should know about the 2012 Toyota Yaris:

- **Types:** Two- /four-door, front-wheel-drive sub-compact hatchback.
- **Engine (hp):** 1.5-litre DOHC I4 (106).
- **Transmission:** Five-speed manual; four-speed automatic (opt.).
- **Market position:** The growth in sub-compacts over the past few years has been significant, fueled by rising gas prices and fuel-economy standards. However, with hot new competitors, Toyota can no longer afford to rest on its name.
- **Mileage:** 7.0 l/100 km city, 5.7 highway (automatic).

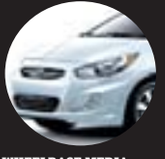
5 drive

By comparison

Ford Fiesta
Base price: $14,500
All-new sedan and hatchback models are easy on the eyes and easy on gas.

Chevrolet Sonic
Base price: $15,000 (est.)
2012 Aveo replacement offers lots of power plus good fuel economy.

Hyundai Accent
Base price: $14,700
New sedan and hatch feature 138 hp plus 5.9 l/100 km combined rating.



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FINDING THE RIGHT MECHANIC TAKES TIME

AUTO PILOT

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Do you know a good mechanic? That's a question I get all the time, and suggests there are other kinds, who are not so good.

Don't want to suggest that there are no nefarious mechanics out there, but I do feel that the ratio of good mechanics to lousy ones is better than most people perceive.

I would put that down to how easily the customer-mechanic relationship can sour, and how unpleasant it is to, say, shell out $2,395 for a transmission overhaul, when you really wanted to use that money for something fun — like a Harley Davidson-themed hot tub, with rabbit fur, leather and chrome trim.

But for today's discussion we're going to concentrate on how you might find one of the more stellar mechanics and/or auto service establishments in your area.

Unfortunately there are no bulletproof and/or pain-free methods. Most take a bit of time, persistence, and patience…

ISTOCK

▶ CAA publishes a list of recommended auto service providers.

Third Party Recommendations

World of mouth is the best way to hear about the best shops. Also check out organizations such as the Canadian Automobile Association (CAA) and the Automobile Protection Agency (APA), who publish respective lists of recommended auto service providers.

Length Matters

Consider shops that have been in business for a good stretch, at the same location, with the same ownership or management. Any place that cheats people and/or is not on the mark for providing a certain level of service is not going to be around very long.

Trial and Error

Once you have a short list, you should actually patronize a few shops before you settle on a favourite. Start small — oil changes, tires changes, routine maintenance, etc. If they do those well, up the ante with more expensive and complicated work.

Meet Your Match

You don't need to have them fill out a personality questionnaire à la Lava Life, but you need to develop rapport and, ultimately, trust.

At the very least, it will be easier for both of you to discuss complex vehicle issues.

Mechanics also differ in approach to their jobs; some are perfectionists, others are more comfortable with ambiguity and experimenting with lower-cost solutions.

Pick one that is closer to your style.

Cleanliness

I'm throwing cleanliness into the mix, because I know it's important to some, and in some cases, can be a sign of a mechanic who is organized and conscientious.

But I don't buy it outright. Judge them more on their work, their word, and their price/value quotient. Disclaimer: I can't find my desk at the moment.

Equipment and Training

Vehicles are getting more complicated than 1960s spacecrafts. Ask prospective mechanics about their ongoing training initiatives, and what they have in way of diagnostic equipment.

Run away from any mechanic who uses a Willow stick divining rod to find electrical glitches, and any mechanic who consistently prescribes Robitussin, for any and all drive-ability problems.

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Dealer may trade or sell. ***Based on all 2012 vehicles in their respective segments. Vehicles classified according to Natural Resources Canada. ^Fuel consumption ratings based on Transport Canada approved test methods. Actual fuel consumption will vary based on road conditions, vehicle loading and driving habits. Fuel consumption ratings for the 2012 Ford Fiesta 1.6L - I4 5 speed manual [7.8L/100 km city and 5.5L/100 km hwy] 9.4L/100 km city and 6.8L/100 km hwy [10.0L/100 km city and 7.1L/100 km hwy]. Fuel consumption ratings for the 2012 Ford Focus 2.0L I-4 engine [6-speed Automatic Transmission with available SFE Package] [7.2L/100km (39 MPG) city and 4.8L/100km (59 MPG) hwy] / [8.2L/100km (34 MPG) city and 5.5L/100km hwy (51 MPG)]. Fuel consumption ratings based on Transport Canada approved test methods. Actual fuel consumption will vary based on road conditions, vehicle loading and driving habits. ††† 2011 Sirius Canada Inc. 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Not all buyers will qualify for the lowest APR payment.), may purchase/finance a new 2012 Fusion I4 SE Manual for [$24,379] a monthly payment of $407.33 (the sum of twelve (12) monthly payments divided by 26 periods gives payee a bi-weekly payment of [$188] for 60 months with a down payment of [$0] or equivalent trade-in. Down payment may be required based on approved credit. Cost of borrowing is [$0] or APR of [0%] and total to be repaid is [$24,379]. All offers include freight, air tax, PPSA and Stewardship Ontario Environmental Fee but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. Taxes payable on all amount of purchase price. ^Qualified retail customers, on approved credit from Ford Credit. Not all buyers will qualify for the lowest APR payment.), may purchase

MEET SHARON

– smart fortwo electric drive Metro correspondent

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Size & maneuverability: I think the car was cute. It can park in the smallest spaces. It's an attention getter.

Favourite features: I can take it anywhere and you can open the roof part-way and see outside.

Hot spots visited: I took the car to the Distillery District, then to the Thornhill Market.

How will it enhance your lifestyle? By saving me gas money!

Check out pictures of Sharon's day with the smart fortwo electric drive at facebook.com/smartcanada

smart

metro

GENERAL MOTORS

▶ The Cadillac SRX uses the Auto Dry Brakes system.

Auto-dry system helps wet-weather braking

Cadillac has a 'gentle' way of drying its car's brakes

DRIVING FORCE

JIL McINTOSH
DRIVE@METRONEWS.CA

Your vehicle's brakes work best when they're dry, but Mother Nature doesn't always align her schedule with your commute. Some automakers have introduced technologies to improve wet-weather braking, including Cadillac's Auto Dry Brakes.

"When you have dry brakes, you have your optimum braking performance," says Elizabeth Pilibosian, vehicle chief engineer for the Cadillac SRX, which uses the system.

"The system is preparing the driver for a potential braking manoeuvre and optimizing their braking performance and feel."

Disc brakes use heavy round metal discs, also called rotors, which fit behind the wheels and turn with them. A caliper containing brake pads fits over top of it. When you press the brake pedal, the caliper squeezes the pads against the spinning rotor. The resulting friction stops the vehicle.

The Auto Dry system pe-

GENERAL MOTORS

riodically touches the brake pads to the rotors on all four wheels, acting like a squeegee to remove excess water. It works only when the vehicle is travelling more than 32 km/h, the driver's foot is on the throttle, and the wipers are activated. If all these conditions are met, the system touches the pads to the rotors every six kilometres.

"The driver cannot feel it, it's such a gentle touch," Pilibosian says. "It's not drying them completely, just taking the (water) droplets off. It dries the pads as well."

The pads touch lightly enough that there is no perceivable brake wear, Pilibosian says. While a vehicle without the system will still be able to stop, the Auto Dry Brakes improve performance.

"When you're driving in a wet environment (without the system), your brakes may feel less responsive," she says.

"You may have to press harder to get the responsiveness that you need or desire. When you have a dry rotor, your braking performance and responsiveness is better."

Should the driver have to use the brakes, the system automatically resets itself, wiping the brakes again once six kilometres have passed. It works whether the car is going in a straight line or on a curve.

The system is simply an algorithm programmed into the car's existing stability control system and does not add any extra components.

"We're using a computer that knows the wipers are on, that you're on the throttle, that you're above a certain speed, and it takes all of those attributes, gathers them up and says 'all of these things are in place, this algorithm can be implemented,'" Pilibosian says.

"We haven't added any computers. You're just using the data the car already has."

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"Now in its Ninth Generation, the Honda Civic Continues to Fly High"
– Motor Trend Magazine, April 20, 2011, author: Ron Kiino^

"The new car is practically flawless and better than it's predecessor without any trade-offs..."
– MSN Autos, author: James Tate^

"The new Civic has better balance, more content and it's fuel-efficient."
– National Post, Apr. 20, 2011, author: Graeme Fletcher^

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*Limited time lease offer on any new 2012 Honda Civic LX Sedan with Manual Transmission (Model FB2E4CEX) available through Honda Financial Services Inc., on approved credit. Representative lease example: 2012 Honda Civic LX Sedan with Manual Transmission (Model FB2E4CEX) on a 48 month term at 1.99% lease APR, the monthly payment is $178 [includes $1,395 freight and PDI), EHF tires ($29), EHF filters ($1), A/C tax ($100), and OMVIC fee ($5)] with $2,240 down payment or equivalent trade-in, $0 security deposit and first monthly payment due at lease inception. Total lease obligation is $8,543. 96,000-kilometre allowance; charge of $0.12/km for excess kilometres. **Receive 1.99% purchase financing on any new 2012 Honda Civic LX Sedan (Model FB2E4CEX) for a maximum of 60 months available through Honda Financial Services Inc., on approved credit. Example: based on a 2012 Honda Civic LX Sedan (Model FB2E4CEX) on a 60 month term at 1.99% APR, complete price of $19,020 [includes $1,395 freight and PDI, EHF tires ($29), EHF filters ($1), A/C tax ($100), and OMVIC fee ($5). Excludes taxes, license, insurance, and registration], and 130 bi-weekly payments of $154. Cost of borrowing is $977 for a total finance obligation of $19,997.40. Down payment or equivalent trade-in on purchase financing offers may be required based on approved credit from Honda Financial Services Inc. ‡$1,000 Gas Card offer applies only to retail customer purchase, lease or finance agreements for new 2012 Civic models concluded between September 1, 2011 and October 31, 2011 at participating Ontario Honda retailers. $1,000 Gas Card offer includes GST, PST, HST, QST where applicable. For all offers: license, insurance, registration, PPSA, and other taxes (including HST and tax for fuel conservation, if applicable) are extra. Taxes payable on full amount of purchase price. Offers only valid for Ontario residents at Ontario Honda Dealers. Dealer may sell/lease for less. Dealer order/trade may be necessary. Vehicles and accessories are for illustration purposes only. Offers subject to change without notice. See your Ontario Honda Dealer or visit HondaOntario.com for full details. †Honda Civic received the lowest number of problems per 100 vehicles among compact cars in a tie in the proprietary J.D. Power and Associates 2011 Initial Quality Study℠ in the U.S. Study based on responses from 73,790 new-vehicle owners, measuring 234 models and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of owners surveyed in February-May 2011. Your experiences may vary. Visit jdpower.com. ◊Based on Association of International Automobile Manufacturers of Canada (AIAMC) data reflecting sales between October 1997 and August 2010. ΔBased on Association of International Automobile Manufacturers of Canada (AIAMC) data reflecting sales between 1973 and August 2011. ^Motor Trend Magazine, April 20, 2011, author: Ron Kiino (http://www.motortrend.com/roadtests/coupes/1104_2012_honda_civic_drive/viewall.html). MSN Autos, author: James Tate (http://editorial.autos.msn.com/2012-honda-civic-first-drive?page=2). National Post, Apr. 20, 2011, author: Graeme Fletcher (http://www.nationalpost.com/cars/Preview+2012+Honda+Civic/4647563/story.html).

Engineering assault

Hyundai's fleet providing major bang for the buck

JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

Hyundai is in the midst of a massive powertrain engineering assault — and their model lineup is starting to employ some of the most advanced fuel-saving and performance-enhancing hardware on the road today.

Forget shelling out the big bucks for a vehicle with technologies like direct injection, a dual-clutch transmission and continually-variable valve timing: Hyundai is offering features like these under the hoods of more affordable products than ever before.

The Hyundai Veloster, an all-new, urban-friendly compact that calls Honda's old CRX to mind, is one of them. Here's a look at what's on board to save owners fuel while delivering maximum driving pleasure.

Direct Injection:
Placing the fuel injectors inside of the combustion chamber gives engineers more precise control over fuel delivery — and the ability to run the engine in a highly efficient 'ultra lean' state.

By ensuring maximum energy extraction from every molecule of fuel, Hyundai's high pressure Gasoline Direct Injection or GDI technology presents a win-win situation to drivers: more power output, less fuel burned.

Perhaps initially put on the map by Audi and BMW, Hyundai first offered Direct Injection in the Sonata before applying it to the 1.6-litre unit that now powers all Accent and Veloster models.

Dual Clutch Transmission:
In a nutshell, this type of gearbox combines the benefits of both an automatic and a manual.

Compact, lightweight and operated in a completely automatic fashion or via clutchless paddle-shift, Veloster debut's Hyundai's new EcoShift twin-clutch gearbox technology.

Benefits? More power to the road, reduced parasitic drivetrain losses, and increased performance with fast gearshifts that occur with no interruption in power flow.

EcoShift represents a win-win situation if you share your Veloster with someone that can't drive its standard six-speed stick.

JUSTIN PRITCHARD/FOR METRO

▶ The Hyundai Veloster boasts 138 horsepower and cruising mileage around 5L/100 km.

Six-Speeds All Around:
Like the Sonata, Accent and Elantra, every Veloster gets a six-speed transmission to optimize both fuel efficiency and performance.

Six-speed transmissions deliver smoother shifting, better passing power and lower cruising revs, too.

With more gears to choose from, the engine can spend less time at higher revs when accelerating moderately, and more time at lower revs during cruising. With a six-speed transmission on board, owners simultaneously get enhanced power delivery and lower fuel consumption.

Continually Variable Valve Timing (CVVT):
By monitoring driver intentions and engine operation, Hyundai's CVVT system can instantly adjust engine breathing to match current conditions and demands. With CVVT on board, engine operation is automatically altered to deliver power on an 'as needed' basis.

Performance is enhanced when it's required, and fuel mileage is maximized when it's not.

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2011 Ram 1500 Crew Cab Laramie shown.§

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+Your local retailer may charge additional fees for administration/pre-delivery that can range from $0 to $1,098 and anti-theft/safety products that can range from $0 to $1,298. Charges may vary by retailer.

RamTruck.ca/Offers

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Wise customers read the fine print: •, ➤,*, § The 2011 Ram Clearout Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after October 1, 2011. Retailer order/trade may be necessary. Offers subject to change and may be extended without notice. See participating retailers for complete details and conditions. •$23,995 Purchase Price applies to 2011 Ram 1500 Quad Cab SXT 4x4 (24A+AGR) only and includes $10,750 Consumer Cash Discount. $26,995 Purchase Price applies to 2011 Ram 1500 Quad Cab SLT 4x4 (26G+XFH) only and includes $10,001 Consumer Cash Discount. Pricing includes freight ($1,400), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailers may sell for less. ➤An advertised selling price for the 2011 Ram 1500 Quad Cab SXT 4x4 (24A+AGR) below $24,000 (including $10,750 Consumer Cash Discount, freight ($1,400), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. *Consumer Cash Discounts are offered on select 2011 vehicles and are manufacturer-to-retailer incentives, which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your retailer for complete details. §2011 Ram 1500 Crew Cab Laramie shown. Price including applicable Consumer Cash Discount. $36,195. Pricing includes freight ($1,400), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. See bottom of the ad for range of potential retailer fees. Retailer order/trade may be necessary. Retailers may sell for less. ∞Loyalty Bonus Cash is offered on most new 2011 and 2012 Chrysler, Jeep, Dodge and Ram models (with the exception of 2011/2012 Dodge Caliber Canada Value Package and SE Plus, Grand Caravan Canada Value Package, Grand Caravan Cargo Van, Journey Canada Value Package, Ram 1500 Reg Cab (4x2 & 4x4), Ram Chassis Cab, Jeep Wrangler 2-door Sport, Patriot Sport (4x2 & 4x4) and Compass Sport (4x2 & 4x4)) and is deducted from the negotiated price after taxes. Eligible customers include those that had entered into a new Chrysler, Jeep, Dodge or Ram vehicle Gold Key Lease with a maturity date from October 1, 2011 and forward. Some conditions apply. See your retailer for complete details. The Best Buy Seal is a registered trademark of Consumers Digest Communications LLC, used under licence. ◊Based on 2011 EnerGuide full-size truck V8 to V6 fuel economy comparison. ®SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc.

How smart is your navigation app?

Vawn Himmelsbach tests out Nokia's smartphone application — in a luxurious Bentley convertible

VAWN HIMMELSBACH
DRIVE@METRONEWS.CA

DAVID VAN DYKE/METRO

▶ Vawn Himmelsbach chills inside of the Bentley Continental GTC, which is worth a cool $234,100.

It may seem unlikely that someone who drives a Zipcar two or three times a year is qualified to drive a Bentley Continental GT Convertible — a car worth $234,100 and goes from zero to 60 m.p.h. in 3.2 seconds.

But, for two hours, I had an opportunity to drive one while testing out the Nokia Maps smartphone app — and for that, I'm a perfect candidate. While I know the streets of Toronto well, I don't drive them, so on the rare occasion when I rent a car I inevitably get nervous and flustered and end up driving the wrong way down a one-way street.

So, could an app really make me a more confident urban driver? While nothing could calm my nerves about driving a car with 550 horses and worth more than my mortgage, I was willing to give the app a try. It comes free with Nokia smartphones and will be widely available on the Windows Phone platform in 2012.

The smartphone can be mounted to the dash (with a suction-cup-like accessory), so the app is hands-free and voice-guided. I liked the maps, which show slopes and curves, speed limits, traffic signals and stop signs, as well as real-time traffic. There are options for the fastest, shortest and greenest routes, and if you ignore The Voice's directions, it simply reroutes you. Maps cover more than 140 countries in 80 languages; one feature I like, which isn't available on some navigation apps, is the ability to sideload maps on your smartphone, so if you're in another city or country, you're not racking up data roaming charges.

The app also comes with Lonely Planet and Trip Advisor to help choose restaurants, hotels and attractions, which I used to find a café in Liberty Village so I could load up on even more caffeine, which is just what a nervous driver needs.

You can also personalize it with Own Voice, an app that allows you to record your own voice (or a loved one's), and then hear the recorded voice for driving directions. But I particularly liked the option to use the soothing sounds of Darth Vadar or Mr. T. Or a version created by Montreal electro-funk band Chromeo.

The app is pretty much idiot-proof and got me where I wanted to go without getting confused, frustrated or lost.

And the Bentley got me there in style.

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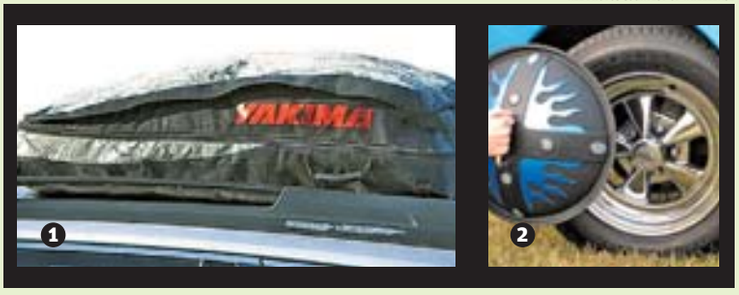


1

When there is no more room inside your vehicle, a roof-top carrier is always an option. One of the more versatile is the Yakima FarOut Pro Car Roof Luggage Bag.

Unlike more expensive solid-case carriers, this all-weather, aerodynamically shaped bag expands to hold between nine and 12 cubic feet of what-have-you (about as much space as a decent-size automobile trunk). But perhaps the handiest part of Yakima's luggage bag is that it folds up and stows out of the way when not in use.

The padded anti-skid bottom limits the likelihood of scuffing up your vehicle and you don't need a roof rack to hook it in place. Yakima will sell you one for $250 US through yakima.com, or you can shop from a list of local and online dealers listed on the company's website.

2

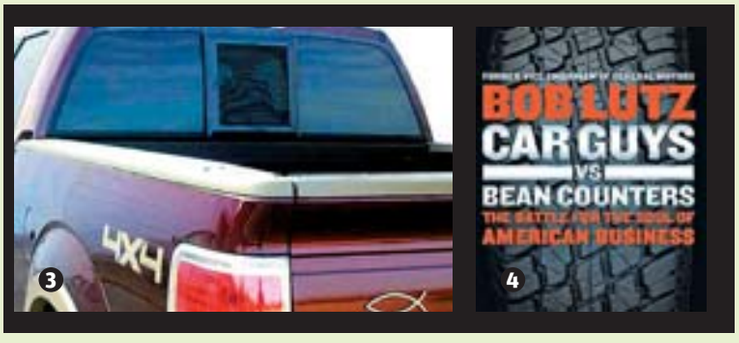
If you're fanatical about keeping your vehicle spotlessly clean, you'll likely dress up your tires with the latest shine product.

The only problem is that you'll want to avoid the mess of overspraying onto your wheels.

One solution is to shoot the tire shine onto a sponge and apply it to the tire, which is still messy on the hands, or you can literally mask off the wheels with Rim Shield.

Simply hold this protective plastic barrier by its handle over your car's wheels and then hit the tires with the spray.

Rim Shield is available in most popular tire sizes from 14-22 inches and sells for $20. Pick up one (or more) in your size(s) from rimshield.com.



3

Having a pickup truck with a sliding rear window is really handy, but insects, dirt and debris tend to blow in the opening. One very practical solution is The Clean Breeze Truck Screen from Great Day Inc. The screen prevents unwanted items from entering the cab, but gives you plenty of ventilation at the same time.

According to the manufacturer, the product is easy to install, has that original-equipment appearance and requires no tools or drilling since it attaches using double-sided tape. And the screen's large opening means it will fit most mid- and full-size sliding rear windows. The Clean Breeze Truck Screen sells for about $25 US and is available from a variety of online sources. Head to greatdayinc.com/cleanbreeze.htm for a complete list of retailers.

4

If you want to learn about the inner workings (or numerous non-workings) of one of North America's leading corporations, then pick up a copy of Bob Lutz's new book, Car Guys vs Bean Counters. Lutz is a former Marine Corps pilot and auto exec at BMW, Ford, General Motors and Chrysler. He rejoined GM in 2001 where he was eventually given the rank of vice chairman and retired in May of 2010. Lutz's book chronicles the automaker's head-in-the-sand management culture that existed during much of his time at GM, where bottom-line processes trumped product quality and very nearly spelled the end of the company. amazon.com. **WHEELBASE**

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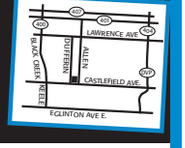

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A3 has a mainly-satisfied owner community

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2006 to 2011 Audi A3

Audi's entry-level model, the A3, is a five-door hatchback with four- or six-cylinder power, available Quattro AWD and all the flexibility and functionality of an upscale German mini-wagon.

The A3 has been nicknamed the Beverly Hills GTI in some circles, referencing its Volkswagen-based underpinnings and engines.

Feature content included upgraded audio, heated leather, navigation, folding rear seats, a panoramic sunroof and plenty more.

Engine

Look for VW Group's two-litre turbo four-cylinder with 200 horsepower, or a 3.2-litre V-6 with 250. Quattro was standard with the six-cylinder engine and available on four-cylinder units later in the A3's life.

What owners like

Existing A3 owners typically rave about styling, build quality, comfort levels, all-season traction and even fuel efficiency on models with the four-cylinder engine. Good ride and handling characteristics round out the package.

What owners dislike

Owners say the A3 won't prove the most comfortable way to haul around four or five adults, and the centre console chews nicely into the driver's right-side knee space. Owners of earlier models typically wished for Bluetooth compatibility, and many report "weak" factory tires.

Common issues

Hard, inconsistent or "sloppy" shifting from the Direct Shift Gearbox (DSG) may be caused by a faulty computer control or "mechatronics" unit, which controls this advanced transmission. Long-term reliability of the DSG gearbox is currently unclear. If you're happy driving a manual, stick to your guns.

Note that sporadic acceleration or a "lumpy" feel to the engine's power delivery could be related to faulty or failing ignition coils.

Verdict

There are more affordable and reliable ways to get around than the A3 — though a largely satisfied owner community suggests that the potential issues are far outweighed by the rewarding year-round driving experience and luxury.

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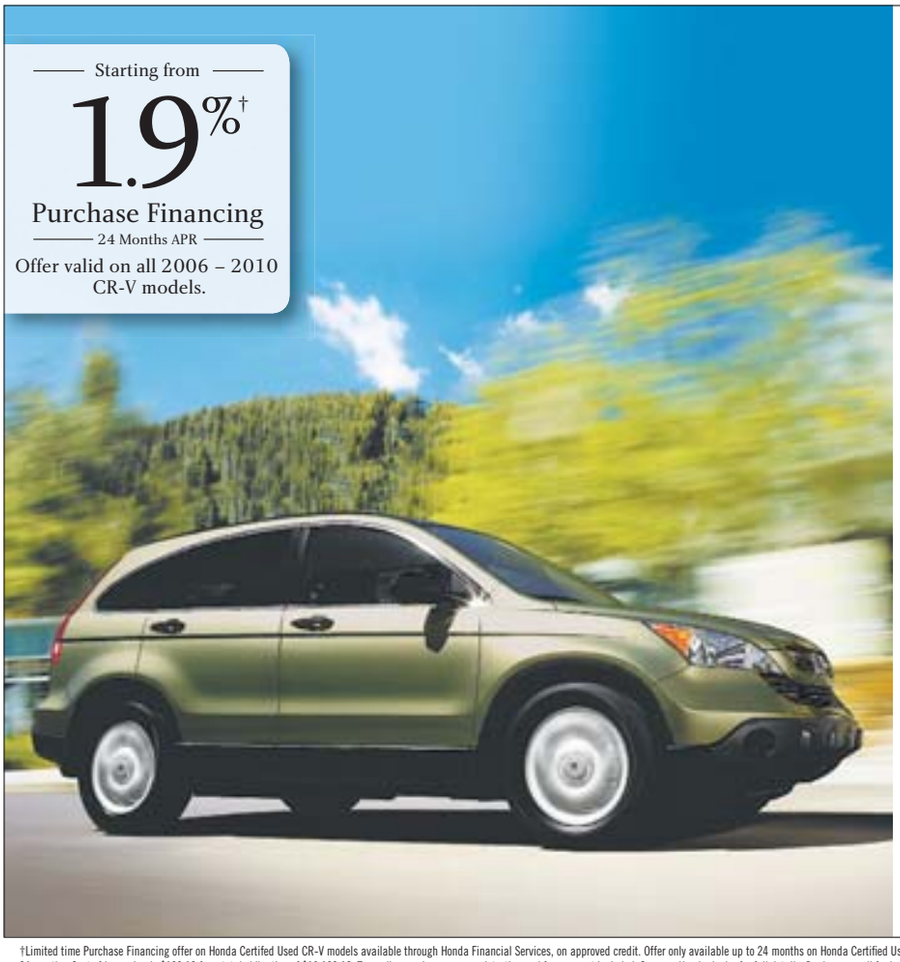

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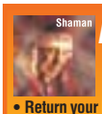

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MISCELLANEOUS

Miscellaneous

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Lebanese passport for Mr. Issa Issa was lost, if you find it please call Roni Issa at:
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Say **NO** to this Funding to Indoctrinate & Sexualize the students.Say **NO** the forcing & normalization of homosexuality in our schools. **Vote** for Religious Freedom. **Vote** for Parents/Child/Teacher Rights. **Vote** for Democracy! godsgift@rogers.com

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Public Auctions

NOTICE OF PUBLIC AUCTION

StorageMart #3007 542 Evans Avenue, Etobicoke ON M8W-2V4 – #2401 Raymond Swindall, #3009 Patrick Bailey • StorageMart #3008 680 Kipling Avenue, Etobicoke, ON M8Z-5G3 – #1102 Alberto Jaramillo, #1224 Neal Sarin, #2151 Helen Milne, #3042 John Rasmussen, 4110 Greg Wakelin, #2089 Devon Williams, #2137 Jamie Allen, #2059 Charles Brown, #2064 Halina Antoniewicz • StorageMart #3009 110 Guided Crt, Etobicoke, On M9V 4K6 – #F0086 & #F0087 Al Palladini's Pine Tree Ford, #F0189 Maria Loayza, #A0102 Jean Nzaba, #A0077 Ana Huezo, #C0084 George Cirillo • StorageMart #3012 144 Norseman Street, Etobicoke ON M8Z-2R4 – #3126 Kyra Rattray • StorageMart #3013 221 Todd Baylis Blvd, Toronto ON M6M-4L2 – #1526 Tammy Brazeau • StorageMart #3014 555 Trethewey Drive, Toronto ON M6M-4B8 – A003 Walter Romero,C010 Marvin Mitchell, P011 Paulet Bennett, P604 Robert Williams, D1071 Tetteh Kofi Hadjor, D1086 Wendy Joseph, D1103 Morry Biller, D2006 Rose Arturi, D2010 Devon Haughton, D2020 Regan Joseph, D2096 Simon Manneh, D2119 Jackie Clark, D2200 Omar DeJonge, D2209 Vanessa Adeosum, D2283 Govind Calu, E1078 Stanley Ezikpeagwu, E2007 Ted Gabinet, E2238 Nuno Silva,E2313 Viney Bhagat • StorageMart # 3017- 8929 Weston Rd, Woodbridge ON L4L-1A6 – Unit #34 Andrew Dalgliesh, Unit # 72 Gaetano Buda, Unit # 73 Michelle Ignjatov, Unit # 118 2171469 Ontario Inc • StorageMart # 3024 - 81 Arrow Rd, Toronto, On M9M 2L4 – # 2015 Metro Liquidation International, # 1190 Michelle Rose, # 1116 Andrew Harrison, # 1176 Melissa Theresa Clarke, # 1196 Tanisha Parris, # 1215 Sophoa Clarke, # 2198 Christine Jimidar • StorageMart #3026 - 990 Syscon Road, Burlington,Ontario L7L 5S2 – # B0143 Dwight Barbour, # C0066 Russell Shaw, # D0024 Karen J. Newby • StorageMart #3027 – 140 Armstrong Avenue, Georgetown Ontario L7G 4S3 – #2069 Daniel Robidas • StorageMart #3028 10345 Keele Street, Maple ON L6A 3Y9 – #1200 Frank Geivelis • StorageMart #3029 867 Nipissing Road, Milton ON L9T 4Z4 - #B15 Stephen Dominique

According to the Lease by and between the customers listed above listed above and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage units, the Manager has cut the lock on their Unit(s) UPON A COURSORY INSPECTION THE UNITS WERE FOUND TO CONTAIN: Household goods, furniture and misc items. Items will be sold or other wise disposed of at this site on October 21st, 2011 to satisfy owner lien in accordance with the Provincial statues. Terms of the sale are cash only. No cheques will be accepted. All goods are sold in "as is "condition. Tax must be paid or resale numbers furnished. Buyers must provide own lock if needed. Seller reserves the right to overbid. All items or spaces may not be available on date of sale. Please call 416.503.0892 ext 2 for auction times.

Public Auctions

NOTICE OF SALE

Storage-Mart #3015, 120 Wicksteed Avenue, Toronto On M4G 4K7 @ 10:00am – Unit 3237, J. McLean, Unit B2722 M. Soltys, Unit B4155 A. Cox, Unit 3717 N. Helfert • Storage-Mart #3025, 875 Don Mills Road, Toronto, On M3C 1V9 – Unit 1336 C. DiFlaviano • Storage-Mart #3021, 1776 O'Connor Drive, Toronto, On M4A 1W8 – Unit 1321 D. Theriault, Unit 2220 A. Constant, Unit 2402 L. Walsh, Unit 2421 S. Murray-Anderson • Storage-Mart #3022, 947 Warden Avenue, Scarborough, On M1L 4E3 – Unit 1501F PCG Church, Unit 1532F R. Thompson, Unit 1328 M. Dean, Unit 2131 S.B. Longman • Storage-Mart #3023, 25 Crouse Road, Scarborough, Ontario M1R 5P8 – Unit 1038 F. Bernard, Unit 1055 S. Blair, Unit 1090 C. David, Unit 2118 P. Allen, Unit 2156 G. Rhodius • Storage-Mart #3031, 4780 Sheppard Avenue East, Scarborough, On M1S 3V6 – Unit 4025 S. Gomez, Unit 4049 J. Grundl, Unit 5008 Y. Yeung, Unit 5031 L Comrie • Storage-Mart #3030, 3429 Kennedy Road, Scarborough, Ontario M1V 4Y3 – Unit 3219 G Chapman, Unit 4304 D. Rambahnie • Storage-Mart #3018, 605 Alden Road Markham, On L3R 3L5 – Unit 1745 J. Yip, Unit 1713 G. Chan

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Public Auctions

NOTICE OF SALE

Storage-Mart #3002 1020 Wonderland Rd S, London, ON, Friday October 21st @ 11:00am Units: 1315 Lina Osorio, 1252 LaCal Sanders • Storage-Mart #3003 665 Adelaide St.N., London, ON, Friday October 21st @ 10:00am Units: 0333C Janet Row, 0648F Randolph Stewart, 0652F Daniel Mathieu, 0763G Kyle Lenssen • Storage-Mart #3004 155 South Edgeware Rd, St Thomas, ON, Friday October 21st @ 1:00pm Units: 337 Leigh Tyson • Storage-Mart #3032 85 Westney Rd. S, Ajax ON, Friday October 21st @ 10:30am Units: 7128 Moses Williams, 6530 Fitzroy Hunter, 6660 Fitzroy Hunter • Storage-Mart #3033 1700 Alliance Rd., Pickering ON, Friday October 21st @ 11:30am Units:P35 First Class Express, E75 886737 Ontario Ltd., D53 Susan Passmore • Storage-Mart #3034 996 Farewell Street, Oshawa ON Friday October 21st @9:30am Units: 19C Dave Hamstra, 14WC Sheri Clough, 118A Mark Duffield, 111N Charmaine Cowper

According to the Lease by and between the customers listed above listed above and TKG-StorageMart and its related parties, assigns and affiliates in order to perfect the Lien on the goods contained in their storage units, the Manager has cut the lock on their Unit(s)

UPON A COURSORY INSPECTION THE UNITS WERE FOUND TO CONTAIN: 93 Hino cube truck, tool chestshousehold goods, TVs, furniture, bicycle, leather couch, leather chair, kitchen utensils carpet, antiques, clothes, weight bench, electronics, records file cabinets, mattress & bed springs ,suitcases, misc boxes, bags & plastic totes.

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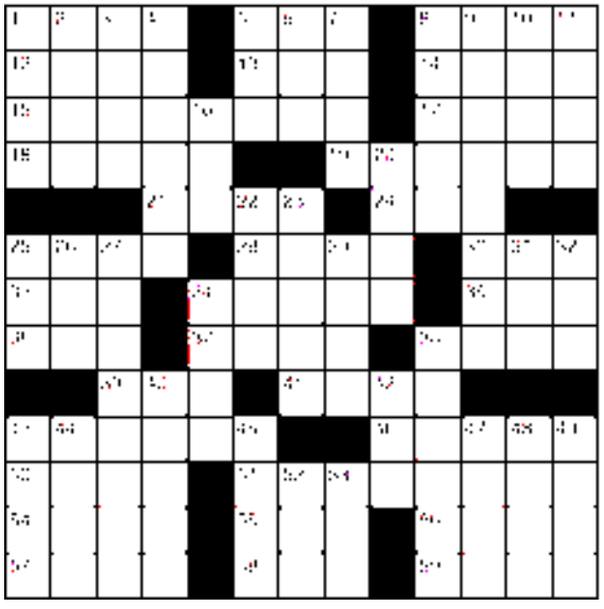
Crossword



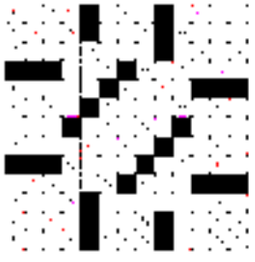
Across

1 007
5 Swelled head
8 Acknowledge
12 Reed instrument
13 Cattle call
14 Options list
15 Bean spiller?
17 Curved lines
18 Left the chair
19 Nickelodeon spillages
21 Afternoon affairs
24 Lennon's lady
25 Use a paper towel
28 Scorch
30 Can. neighbor
33 The whole thing
34 Aquatic flora
35 Kennedy or Koppel
36 Crafty
37 Greenish blue
38 At the home of (Fr.)
39 It's the word
41 Lemon coating
43 Oklahoman
46 Passion
50 Piece of work
51 Cape Cod city
54 Greek cheese
55 Lamb's dam
56 Apportion (out)
57 In need of liniment
58 Gender
59 Old portico

Down

1 Goes up and down
2 Death notice
3 NASA scrub
4 Lower in rank
5 Ostrich's cousin
6 Obtained
7 Ahs' mates
8 Forcefully
9 Martini ingredient
10 Erstwhile
11 Wimpy sort
16 Rhyming tribute
20 Unmatched
22 With skill
23 "— and spice and ..."
25 Existed
26 Under the weather
27 Old Chrysler
29 Hindu princess
31 Witness
32 Wood-shaping tool
34 Pinnacle
38 Data holders
40 Recant
42 "Platoon" setting
43 Couch
44 Oil cartel
45 Deli loaves
47 Song for two
48 "Beetle Bailey" dog
49 Perlman of "Cheers"
52 Great wonder
53 Actor Harrison

▶ Yesterday's answer



Sudoku

	5	2		4		1		
8								3
9		7		6				
1		9	3			6		
	8						7	
		3			9	8		4
				7		5		2
2								1
		1		9		4	6	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

*Luke, I love you oh so much, its impossible to explain. These past almost two years, seeing you everyday no matter what, and living with each other for over a year, going everywhere and making memories, etc., have been the best times of my life. *MUAH* ^.^ ? 1.19.2010 ?* **OLIVIA**

Stoopid Face I know you can never be all mine, but when I have you for those few moments in our lives, it's amazing. My double bed is lonely with only me. Miss you. **RABBIT**

My Jamaican HunHun!! almost half a decade later i'm still so into u and still don't know why! & this i want the whole world to know!!and no matter what i just want to tell U that U're the best & better than all the rest. just so U know..with us it's never off the table!Advance Happy Bday Mahal! **JB**

Today 17°/8° Sunny
Thursday 17°/11° Sunny
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 It's one of those days when you would rather be anywhere but where you are supposed to be. Chin up.

♉ Taurus April 21-May 21 Nothing you do is ever wasted. Your big breakthrough WILL come.

♊ Gemini May 22-June 21 It may seem as if certain people are being deliberately obstructive, and maybe they are, but why should that be? Think about it.

♋ Cancer June 22-July 22 There is no need to worry about the future. You may not have gotten the breaks you wanted, but that's life.

♌ Leo July 23-Aug.23 No matter how unsettling the changes that are taking place may be, they are all for the best in the long-term.

♍ Virgo Aug. 24- Sept. 22 Sometimes, it can be all too easy to get depressed, so focus on things that bring a smile to your face.

♎ Libra Sept. 23-Oct. 23 The secret to happiness is to keep moving forwards. It's all about self-motivation. Go for it.

♏ Scorpio Oct. 24-Nov. 22 You made an error of judgment and need to make amends to those who followed your advice and lost.

♐ Sagittarius Nov. 23-Dec. 21 Most of the time your hunches are spot on, but if you trust your instincts today, it may all go wrong.

♑ Capricorn Dec. 22-Jan. 20 Your relationship with people in authority is more important than usual, stay in their good books.

♒ Aquarius Jan. 21-Feb. 18 You may think someone is keeping something from you, and maybe they are. It doesn't have to be bad.

♓ Pisces Feb. 19-March 20. Let certain people know that you will not allow them to get rich at your expense. **SALLY BROMPTON**

Caption contest

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Sorento SX shown

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TOP SAFETY PICK 2011^ INSURANCE INSTITUTE FOR HIGHWAY SAFETY

2011 SOUL

International model shown[Ω]

2012 SPORTAGE

MOTORING 2011 CAR OF THE YEAR

Sportage SX shown

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HWY: 6.9L/100KM (41 MPG)
CITY: 10.0L/100KM (28 MPG)

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AT 2.49% APR

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Optima SX Turbo shown[Ω]

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Offer(s) available on all new 2011 and 2012 models through participating dealers to qualified customers who take delivery by October 31, 2011. Dealers may sell for less. Some conditions apply. Retailer orders/trades may be processed, offers are subject to change and may be extended without notice. See dealer for complete details. Vehicle images shown may include optional accessories and upgrades. All offers exclude licensing, registration, insurance, PPSA, applicable taxes and variable dealer administration fees (up to $699). ^Models shown (Forte SX, Optima SX Turbo, Sorento SX, Soul 4u+, Sportage SX) equipped with optional features and accessories and options may affect eligibility. ^^Based on 2011 Kia Soul 2.0 GDI 6M (SKSE) and 2011 Kia Soul 2.0 GDI 6A (SKSE) models. Vehicle shown: 2011 Kia Soul 2.0 GDI 6M (SKSE) with optional features and accessories and options (as applicable) for a total MSRP of $18,330 ($15,650 plus $2,680 for optional features and accessories). Fuel consumption ratings based on Natural Resources Canada's 2011 Fuel Consumption Guide. Actual fuel consumption will vary based on road conditions, driving habits and vehicle's condition. Fuel consumption ratings for 2011 Kia Soul 2.0 GDI 6M (SKSE) and 2011 Kia Soul 2.0 GDI 6A (SKSE) models: HWY: 8.0L/100KM (35 MPG), CITY: 11.0L/100KM (26 MPG). *Loyalty Bonus offer available on all new 2011 and 2012 Kia Forte, Optima, Sorento, Soul, Sportage and Rondo models delivered by October 31, 2011. Offer is transferable within same household (must provide proof of address). Limit of one bonus per customer or household. Offer not combinable with any other loyalty/conquest offers. Offer ends October 31, 2011. ‡Loyalty Bonus or Competitive Bonus offer available on all new 2011 and 2012 Kia Forte, Optima, Sorento, Soul, Sportage and Rondo models delivered by October 31, 2011. Offer is transferable within same household (must provide proof of address). Limit of one bonus per customer or household. Offer not combinable with any other loyalty/conquest offers. Offer ends October 31, 2011. **0% financing for 84 months available on 2011 Soul 2.0 GDI 6M (SKSE) and 2011 Soul 2.0 GDI 6A (SKSE) models. Vehicle shown: 2011 Kia Soul 2.0 GDI 6M (SKSE) with optional features and accessories and options (as applicable) for a total MSRP of $18,330 ($15,650 plus $2,680 for optional features and accessories). Fuel consumption ratings based on Natural Resources Canada's 2011 Fuel Consumption Guide. Actual fuel consumption will vary based on road conditions, driving habits and vehicle's condition. Fuel consumption ratings for 2011 Kia Soul 2.0 GDI 6M (SKSE) and 2011 Kia Soul 2.0 GDI 6A (SKSE) models: HWY: 8.0L/100KM (35 MPG), CITY: 11.0L/100KM (26 MPG). ***Pay Until 2012** offer available on all new 2011 and 2012 models through participating dealers to qualified customers who take delivery by October 31, 2011. Dealers may sell for less. Some conditions apply. 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